

Community Update: 10/19/11

Highland Hospital's Annual Breast Cancer Education Event "In the Pink"



I recently had the privilege of attending <u>Highland Hospital's http://www.urmc.rochester.edu/hh/</u> Annual Breast Cancer Education Event. This year's "In the Pink" event featured guest speaker Jane Brody. Jane, a personal-health columnist for the *New York Times*, shared her experiences as a breast cancer survivor.

The event, with proceeds helping to support the <u>Highland Breast Imaging Center</u> <u>http://www.urmc.rochester.edu/hh/services-centers/breast-imaging/</u>, also featured Highland's "<u>Pink Glove Dance Video</u>." <u>http://pinkglovedance.com/competition/entry-124?rel=shrt</u> Hospital staff, physicians and survivors joined to create the video which is entered in a national competition. As we recognize Breast Cancer Awareness Month this October, I encourage you to watch the video and cast your vote to help Highland raise \$10,000 for <u>Breast Cancer Coalition of</u> <u>Rochester http://www.bccr.org/</u>.

Having worked with many breast cancer survivors in their year-round fight against this disease, I am reminded often of the importance of early detection. I encourage all women to make annual mammograms and monthly self examinations an integral part of their health care regimen. I am proud to support Highland's unwavering commitment to research, outreach and education, in an effort to eradicate this deadly disease.



I recently met with members of Highland's Breast Imaging Center at my 22nd Annual Family Health & Fitness Fair.

New York Times Marriage Equality Panel



Sara Krulwich/The New York Times

On Tuesday, I participated in a marriage equality panel discussion hosted by the <u>New York</u> <u>Times http://www.nytimes.com/</u>. I joined panelists <u>Governor Andrew Cuomo</u> <u>http://www.governor.ny.gov/ and City Council Speaker Christine Quinn</u> <u>http://council.nyc.gov/d3/html/members/home.shtml</u> at the event which was attended by hundreds of New York Times employees and members of the public. I was happy to participate in the panel, "Same-Sex Marriage: The Road to Passage in New York State," as I continue to advocate for same-sex marriage. Click <u>here</u> <u>http://www.gaycitynews.com/articles/2011/10/18/gay_city_news/news/doc4e9ded039587337136</u> 4842.txt to read an article about the NYT panel.

Sportsman Education Courses and Hunting Season



All first-time hunters, bowhunters and trappers must pass one or more Sportsman Education courses before receiving a license in New York State. Trained instructors certified by the <u>Department of Environmental Conservation http://www.dec.ny.gov/</u> teach safe and responsible outdoor practices and the important role of hunters and trappers in conservation. Course requirements for hunting, bowhunting, waterfowl hunting and trapping licenses are all listed online. To find a course in your community, look for the list of scheduled classes on DEC's <u>website http://www.dec.ny.gov/outdoor/9191.html</u> or check with sportsmen's groups in your area. The DEC's Regional Sportsman Education Office for Monroe County can be reached at (585) 226-5463. The DEC honors hunter education certificates and sporting licenses from all other states and countries.

Visit the DEC's website for printable versions of the 2011-2012 <u>hunting seasons</u> <u>http://www.dec.ny.gov/outdoor/65231.html</u> and a list of <u>places to hunt</u> <u>http://www.dec.ny.gov/outdoor/7844.html</u> in New York State.

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