Remember, trash is not always garbage. Many items can be reduced, reused or recycled to help the environment.

Here are just a few tips on how you can help protect our Earth:

Reduce Paper Use!

Use both sides of your paper in notebooks. Encourage your parents to purchase bulk or items that use less packaging. Recycling just one-ton of paper keeps 17 trees from being cut down!

EVERY DAY IS

Conserve Water!

Remember to turn off the water while you are brushing your teeth. Take shorter showers. Do your part to help save water.!



Use Reusable Containers!

When you are packing your lunch, remember to use containers that

can be washed and reused. Instead of using plastic water bottles, use refillable bottles. It's better for the environment!





Plant a Tree!

A single tree will absorb one ton of carbon dioxide over its lifetime. You can watch it grow!

Recycle Old Clothes!

Don't throw away those old clothes. Use for dress up or give your clothes to someone who may need them. Look for drop boxes in your community!

Reuse those Plastic Gallon Milk or Juice Containers!

You can cut these in half and make planters out of them or fill them with water and use them as an outdoor water dish for pets or birds – be creative!



Reuse Plastic Bags!

Use those bags from stores when you go on a trip to store your dirty clothes. You can also bring them back to the store for others to use. Encourage your parents to use recycled, reusable bags!



Turn Off Electronic Devices!

Turning off your TV, DVD player, stereo, or unplugging your iPod and cell phone charger when not in use will help reduce carbon in the air. Recycle or donate used cell phones and other electronics whenever possible!



Join Senator Skelos in remembering the three R's: Reduce, Reuse, Recycle!