



American Red Cross
New York State

Halloween Safety Tips to Keep Your Little Goblin Safe this Season

1. Wear well-fitted costumes and shoes to avoid trips, falls, or even a bruise.
2. Alone is something you never want to be when the ghosts are out and the ghouls roam free. (Walk in groups or with a trusted adult, never alone.)
3. Costumes and jack-o-lanterns are quite fun, but make sure you always walk, never run.
4. Halloween is a time for fun and treats, so be safe and stay out of the street. (Stay on sidewalks and don't hide or walk between parked cars.)
5. Swords, knives, and similar accessories of the costume variety, should be short, soft, and flexible so you don't cause anxiety.
6. To a lit candle, never get too near, so catching fire is never something you fear. (Be aware of lit candles and luminaries.)
7. Candy and treats are very sweet, but make sure a grown-up checks your goodies before you eat. (Make sure to remove open packages and choking hazards.)
8. Whether you're dressed as a bear or a park ranger, accept treats at the door, but please don't go into the house of a stranger.
9. Trick-or-treating happens at night, so never be caught without your flashlight.
10. Everyone needs to be seen in the dark, even witches and hags, so fasten reflective tape to costumes and bags.
11. Crazy wigs, fake teeth, and huge clown feet- whatever you're wearing, please look both ways before crossing the street. (And only cross at corners or at established crosswalks.)
12. You may visit many homes on Halloween night, but only visit those with a bright porch light.
13. Ditch the masks that can cover your eyes; use face paint instead for your Halloween disguise.
14. If you are going trick-or-treating in a group, make sure and plan a safe route. (Make sure parents know where you are.)
15. Scary monsters are a Halloween feature, be on the lookout for all sorts of creatures. (Be cautious around strange animals, especially dogs.)