Senator José M. Serrano, New York Presbyterian Hospital and the Roosevelt Island Seniors Center Proudly Present a

Health Workshop for Seniors

- WHEN: Tuesday, July 7th, 2009
- TIME: 3:00 pm to 5:00 pm
- WHERE: Good Shepherd Community Center 543 Main Street



WHAT:

Take advantage of this opportunity to learn how to stay healthy! There will be an information session, healthy refreshments and a simple stretching workshop for you to take part in.

Ambulatory Care Network

<u>New York</u> Presbyterian Hospital Roosevelt Island Seniors Center New York State Senator José M. Serrano