

Prevalence of Obesity and Overweight Among Adults 2012

ADULTS (18 and Older)										
	Obese	Rank	Overweight and Obese	Rank			Obese	Rank	Overweight and Obese	Rank
Alabama	33.0%	5	67.8%	5		Nebraska	28.6%	22	65.0%	21
Alaska	25.7%	36	64.8%	23		Nevada	26.2%	34	62.5%	35
Arizona	26.0%	35	62.0%	40		New Hampshire	27.3%	28	62.1%	T-38
Arkansas	34.5%	3	68.7%	3		New Jersey	24.6%	T-42	61.6%	41
California	25.0%	41	60.3%	45		New Mexico	27.1%	30	62.8%	33
Colorado	20.5%	51	55.7%	50		New York	23.6%	47	60.6%	44
Connecticut	25.6%	39	62.3%	36		North Carolina	29.6%	17	65.9%	13
Delaware	26.9%	31	66.0%	11		North Dakota	29.7%	T-15	66.3%	9
Florida	25.2%	40	62.1%	38		Ohio	30.1%	13	65.3%	18
Georgia	29.1%	T-20	64.6%	25		Oklahoma	32.2%	6	67.8%	T-5
Hawaii	23.6%	T-47	56.1%	49		Oregon	27.3%	T-28	61.1%	43
Idaho	26.8%	32	62.6%	34		Pennsylvania	29.1%	20	65.0%	T-21
Illinois	28.1%	T-24	63.9%	27		Rhode Island	25.7%	T-36	62.9%	32
Indiana	31.4%	8	65.5%	17		South Carolina	31.6%	7	66.1%	10
Iowa	30.4%	12	64.7%	24		South Dakota	28.1%	24	66.0%	T-11
Kansas	29.9%	14	65.6%	16		Tennessee	31.1%	T-10	65.3%	T-18
Kentucky	31.3%	9	66.9%	7		Texas	29.2%	19	65.1%	20
Louisiana	34.7%	1	69.5%	1		Utah	24.3%	T-44	57.8%	48
Maine	28.4%	23	64.2%	26		Vermont	23.7%	46	60.3%	T-45
Maryland	27.6%	26	63.8%	28		Virginia	27.4%	27	63.6%	29
Massachusetts	22.9%	49	58.8%	47		Washington	26.8%	T-32	62.2%	37
Michigan	31.1%	10	65.7%	15		Washington DC	21.9%	50	51.9%	51
Minnesota	25.7%	T-36	63.0%	31		West Virginia	33.8%	4	68.3%	4
Mississippi	34.6%	2	68.9%	2		Wisconsin	29.7%	15	66.5%	8
Missouri	29.6%	T-17	65.8%	14		Wyoming	24.6%	42	63.3%	30
Montana	24.3%	44	61.3%	42		US	27.6%		63.4%	

Source: Centers for Disease Control and Prevention, 2012 Behavior Risk Factor Surveillance System (BRFSS), <http://apps.nccd.cdc.gov/brfss/>.

Prevalence of Obesity and Overweight Among Children 2011/2012

CHILDREN (AGES 10-17)										
	Obese	Rank	Overweight and Obese	Rank			Obese	Rank	Overweight and Obese	Rank
Alabama	18.6%	11	35.0%	8		Nebraska	13.8%	34	28.9%	33
Alaska	14.0%	32	29.9%	28		Nevada	18.6%	T-11	33.2%	16
Arizona	19.8%	7	36.7%	4		New Hampshire	15.5%	19	26.0%	47
Arkansas	20.0%	6	33.9%	12		New Jersey	10.0%	50	24.7%	48
California	15.1%	21	30.4%	26		New Mexico	14.4%	27	32.8%	17
Colorado	10.9%	47	23.1%	50		New York	14.5%	T-25	32.4%	19
Connecticut	15.0%	23	29.7%	30		North Carolina	16.1%	18	31.4%	23
Delaware	16.9%	16	32.0%	20		North Dakota	15.4%	20	35.8%	6
Florida	13.4%	38	27.5%	39		Ohio	17.4%	14	30.8%	24
Georgia	16.5%	17	35.0%	T-8		Oklahoma	17.4%	T-14	33.9%	T-12
Hawaii	11.5%	44	27.4%	40		Oregon	9.9%	51	26.4%	45
Idaho	10.6%	49	27.8%	38		Pennsylvania	13.5%	T-36	26.5%	43
Illinois	19.3%	9	33.6%	14		Rhode Island	13.2%	41	28.3%	T-36
Indiana	14.3%	28	31.5%	22		South Carolina	21.5%	2	39.2%	3
Iowa	13.6%	35	28.3%	36		South Dakota	13.4%	T-38	26.5%	T-43
Kansas	14.2%	31	30.2%	27		Tennessee	20.5%	5	34.1%	11
Kentucky	19.7%	8	35.7%	7		Texas	19.1%	10	36.6%	5
Louisiana	21.1%	4	39.8%	1		Utah	11.6%	43	22.1%	51
Maine	12.5%	42	29.5%	31		Vermont	11.3%	45	24.5%	49
Maryland	15.1%	T-21	31.6%	21		Virginia	14.3%	T-28	29.8%	29
Massachusetts	14.5%	25	30.5%	25		Washington	11.0%	46	26.2%	46
Michigan	14.8%	24	32.6%	18		Washington DC	21.4%	3	35.0%	10
Minnesota	14.0%	T-32	27.2%	41		West Virginia	18.5%	13	33.6%	T-14
Mississippi	21.7%	1	39.7%	2		Wisconsin	13.4%	T-38	28.8%	34
Missouri	13.5%	36	28.4%	35		Wyoming	10.7%	48	26.7%	42
Montana	14.3%	T-28	29.0%	32		US	15.7%		31.1%	

Source: 2011/2012 National Survey of Children's Health, <http://www.childhealthdata.org/browse/survey>.

New York State County Obesity and Related Factors for Adults 18 and Older, 2008-2009

County	Overweight or Obese	Rank	No Physical Activity Last 30 Days	Rank	Ate 5 ≥ Fruits or Vegetables/Day	Rank	County	Overweight or Obese	Rank	No Physical Activity Last 30 Days	Rank	Ate 5 ≥ Fruits or Vegetables/Day	Rank
Albany	62.7%	32	19.3%	47	23.9%	48	Niagara	66.9%	13	25.8%	T-10	27.1%	T-24
Allegany	64.9%	T-22	25.0%	14	21.2%	52	Oneida	56.5%	56	24.6%	T-16	26.0%	T-31
Bronx	68.0%	8	30.8%	1	6.3%	62	Onondaga	55.5%	59	20.3%	43	33.7%	1
Brooklyn	59.3%	T-51	29.6%	3	10.4%	59	Ontario	56.4%	T-57	17.9%	54	32.9%	4
Broome	63.7%	28	17.3%	57	27.4%	21	Orange	64.4%	26	23.7%	24	30.2%	10
Cattaraugus	62.6%	T-33	21.6%	32	20.0%	56	Orleans	63.0%	31	25.8%	T-10	24.9%	T-37
Cayuga	63.6%	29	22.9%	T-28	27.0%	27	Oswego	67.9%	9	23.0%	27	27.1%	T-24
Chautauqua	61.6%	41	22.1%	31	24.9%	T-37	Otsego	61.8%	40	18.8%	T-51	28.1%	T-16
Chemung	69.7%	5	20.0%	44	28.0%	18	Putnam	58.3%	54	19.5%	46	30.6%	T-6
Chenango	67.8%	T-10	21.5%	T-33	24.4%	43	Queens	56.4%	T-57	28.1%	6	6.8%	61
Clinton	71.0%	2	20.6%	40	27.2%	T-22	Rensselaer	60.5%	46	23.6%	25	27.2%	T-22
Columbia	57.5%	55	17.7%	56	26.8%	28	Rockland	59.8%	48	27.6%	7	26.4%	29
Cortland	60.9%	45	24.9%	15	29.3%	T-12	Saratoga	61.0%	T-43	15.4%	60	28.1%	T-16
Delaware	66.2%	17	21.4%	35	24.2%	T-44	Schenectady	66.3%	16	21.5%	T-33	30.3%	9
Dutchess	62.6%	T-33	16.3%	58	27.8%	20	Schoharie	66.0%	T-18	19.0%	50	25.2%	34
Erie	61.4%	42	19.2%	T-48	26.3%	30	Schuyler	64.9%	T-22	20.4%	T-41	24.6%	42
Essex	64.3%	27	19.2%	T-48	30.6%	T-6	Seneca	70.5%	3	24.3%	T-18	28.2%	15
Franklin	69.0%	6	23.8%	23	21.1%	53	St. Lawrence	66.5%	T-14	21.1%	38	30.9%	5
Fulton	62.1%	T-37	24.3%	T-18	24.2%	T-44	Staten Island	64.9%	T-22	29.8%	2	10.0%	60
Genesee	63.5%	30	26.0%	9	27.1%	T-24	Steuben	65.9%	20	26.3%	8	24.8%	T-40
Greene	60.3%	47	18.6%	53	23.4%	49	Suffolk	59.6%	T-49	21.2%	37	26.0%	T-31
Hamilton	68.4%	7	13.2%	62	24.1%	46	Sullivan	64.6%	25	28.6%	4	27.9%	19
Herkimer	61.0%	T-43	20.4%	T-41	20.9%	54	Tioga	62.1%	T-37	21.3%	36	22.5%	51
Jefferson	70.0%	4	25.5%	12	24.8%	T-40	Tompkins	55.1%	60	14.7%	61	33.1%	3
Lewis	66.5%	T-14	24.1%	T-20	20.2%	55	Ulster	59.6%	T-49	24.6%	T-16	29.3%	T-12
Livingston	61.9%	39	18.8%	T-51	25.0%	36	Warren	62.5%	36	17.8%	55	25.1%	35
Madison	59.3%	T-51	22.9%	T-28	22.6%	50	Washington	67.8%	T-10	23.4%	26	24.9%	T-37
Manhattan	48.8%	62	19.8%	45	13.6%	58	Wayne	71.7%	1	23.9%	22	25.8%	33
Monroe	62.6%	T-33	15.9%	59	30.1%	11	Westchester	58.6%	53	21.0%	39	30.6%	T-6
Montgomery	66.0%	T-18	24.1%	T-20	24.0%	47	Wyoming	67.0%	12	25.4%	13	19.7%	57
Nassau	53.2%	61	22.3%	30	28.3%	14	Yates	65.7%	21	28.4%	5	33.2%	2

Source: New York State Department of Health, *Obesity Statistics by County 2008-2009*, <http://www.health.ny.gov/statistics/prevention/obesity>