



Senator Liz Krueger's *Roundtable for Boomers & Seniors* is an opportunity for constituents to come together to explore life issues that are relevant across the age span. At each session you will hear from and engage with professionals who are knowledgeable on topics that are of most concern to the growing population of older adults in New York City.



Please join us for Part 3 of a 5-session series about “The Challenges of Longevity”

Thursday, January 24th, 2013

8:30 a.m. - 10:30 a.m.

Lenox Hill Neighborhood House

331 East 70th Street

(between 1st & 2nd Aves.)

We are a consumer society. The longer we live, the more stuff we buy and collect. It's hard to remember sometimes that “we are not our stuff.” In this session, we will talk about why our possessions sometimes possess us and what we can do to avoid the consequences that come with over-cluttering our living spaces.

“What To Do With All That Stuff? ”

Speakers:

Audrey B. Tannen

Executive Director, EIS: Housing Resource Center

S.O.R.T. Program

Brenna Sage

Organizer, NYC Hoarders-No-More Meet Up Group

PLEASE RSVP—Space is limited.

To RSVP or for further information, please contact

Mary Caparas at mcaparas2013@gmail.com or

call 212-490-9535

***Bagels and coffee will be provided.**