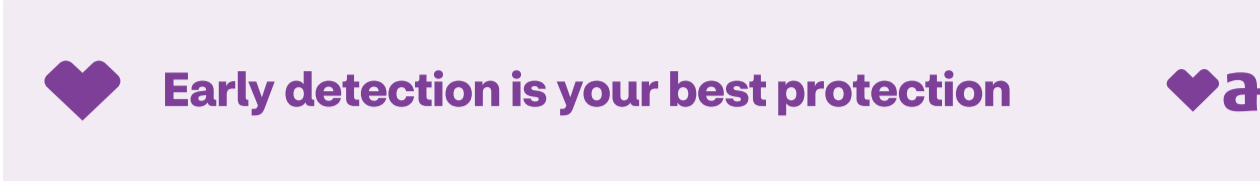


Severe Weather:

Heat Advisory and 1 more alert



Volunteers welcome families at Second Annual Doula Community Baby Shower

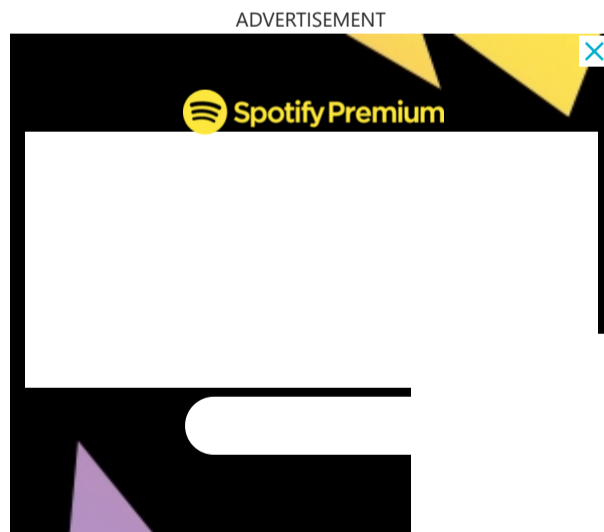
Bret Vetter News10NBC

Updated: May 7, 2023 - 7:52 PM

Published: May 7, 2023 - 7:23 PM



ROCHESTER, N.Y. – Representatives and volunteers with Doula Care held their Second Annual Community Baby Shower in downtown Rochester on Sunday in an effort to raise awareness for expectant mothers.



New York State Senator Samra Brouk said it was important to attend the event at the Ryan R Center at the Thomas P. Ryan Recreation Center, along with 30 other organizations from around the state, to meet families where they need help the most.

“This year we wanted to make it bigger and better and really bring together as many organizations as possible to offer this information, and of course, we wanted to make it family friendly, so make sure there is something for the kids to do, and also we’ll feed ya,” Brouk said.



"A doula is non-clinical support that provides child birth education, comfort measures, advocacy, educates birthing families on how to speak up for themselves," Dillion said.



Assistance that Dillion said is critical for so many families locally and why showcasing the help Doulas provide at this year's Second Annual Community Baby Shower is an important step to ensuring that support continues well into the future.

ADVERTISEMENT



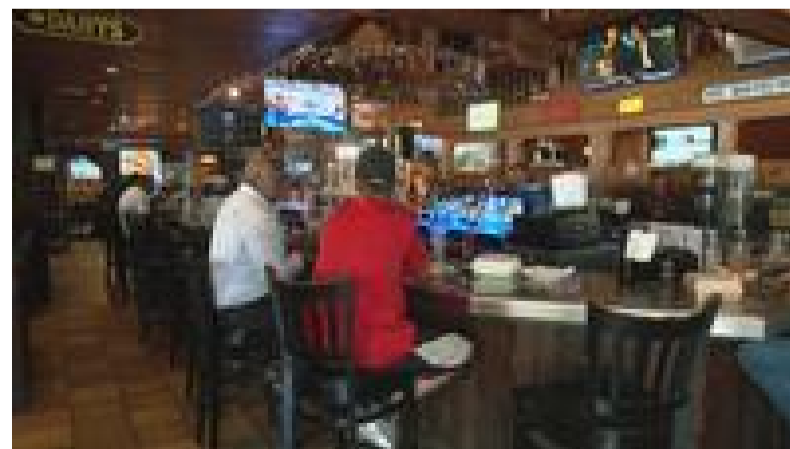
"I mean to be fair, in New York State we have really poor outcomes, especially for black birthing families right, three to five more times more likely to die during child birth. We need these kind of events to make sure people know what they can do themselves to mitigate that kind of harm when they go in to have a baby," Dillion said.

For Related Stories: [doula](#)

RECOMMENDED FOR YOU



Still without contract, nurse union leads Labor Day parade

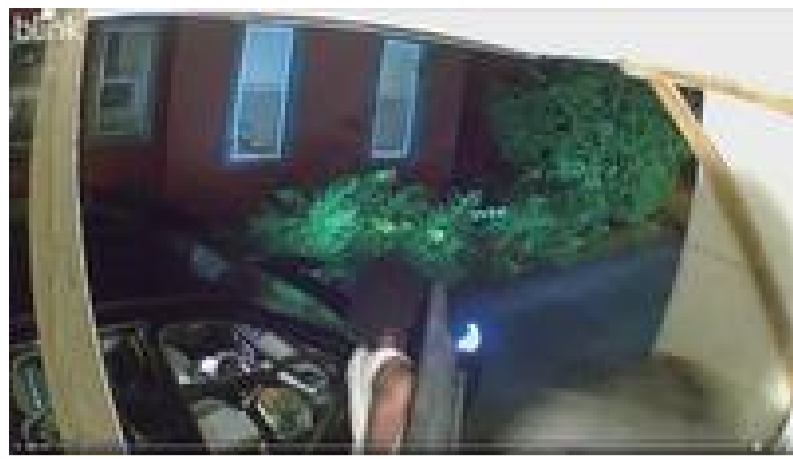


Spectrum Disney dispute: Customers frustrated over no ESPN





[Man will be arraigned for DWI after person killed fixing tractor-trailer on Lexington Avenue](#)



[News10NBC Investigates: Burglars hit South Wedge home and then come back again while homeowner waits for police](#)

AROUND THE WEB

Sponsored



Can You Get Approved for the Highest Paying Cash Back Card?

CompareCredit.com



US Homeowners Ditching Solar Panels for This - Powers Your Entire Home [Watch]

Easy DIY Power Plan



Game Developers: Why People Can't Stop Playing This Game

BuzzDaily Winners



Why Your Chainsaw Needs This Sharpener

Dotmalls



Doctor Discovers Natural Solution for Macular Degeneration (Watch)

VisFix



Top Heart Surgeon: This Simple Trick Helps Empty Your Bowels Every Morning

Guthealthwellness



Seniors Under 85 Years Old Get \$250k In Life Insurance for \$13/Month

Branded Links



Top Doctor: If You Eat Oatmeal Every Day, This Is What Happens

GundryMD



Brooklyn: Unsold Never-Driven Cars Now Almost Being Given Away: See Prices

Branded Links



Any person with disabilities who needs help accessing the content of the FCC Public file should contact Gini Darden at gini.darden@whec.com or 585-546-1705

This website is not intended for users located within the European Economic Area.

© 2023 WHEC-TV, LLC

A Hubbard Broadcasting Company

A RAPTIVE PARTNER SITE

