



# *Women of* **DISTINCTION**

HONORING WOMEN IN NEW YORK

*Redetha Abrahams-Nichols*

Redetha Abrahams-Nichols, DNP, MPA, RN has had an illustrious career spanning 26 years in the healthcare field. She embodies dedication, expertise, and a profound commitment to nursing excellence. Her tenure at Downstate Medical Center has been marked by numerous leadership roles and significant contributions across various departments, reflecting her passion for advancing patient care and nursing education.

For over a decade, Ms. Abrahams-Nichols served as the Assistant Director of Nursing in the Emergency Department at Downstate, where she exhibited exceptional leadership during both routine operations and crisis situations, including the challenging landscape of the COVID-19 pandemic. In addition to her role in the Emergency Department, Ms. Abrahams-Nichols has held key positions such as Assistant Director of Nursing Quality and Assistant Director of Nursing in Outpatient Services at Downstate. In these roles, she implemented innovative strategies to enhance patient safety, improve healthcare outcomes, and foster interdisciplinary collaboration.

Beyond her clinical and administrative responsibilities, Ms. Abrahams-Nichols is deeply committed to nursing education. She brings her wealth of experience and expertise to the classroom, where she serves as an instructor specializing in Medical Surgical Nursing for nursing students. Her dedication to nurturing the next generation of nurses reflects her passion for excellence in patient care and the advancement of the nursing profession.

In addition to her teaching role, Ms. Abrahams-Nichols is actively engaged in various committees and professional organizations. She serves as the Co-Chair of the Academic Medical Committee, and is a member of the AFT Health PCC Committee and the NYSUT Healthcare Professional Council. Through her involvement in these forums, Ms. Abrahams-Nichols advocates tirelessly for the rights and welfare of healthcare professionals, ensuring their voices are heard and their needs are addressed at both local and national levels.

Ms. Abrahams-Nichols' academic journey underscores her dedication to lifelong learning and professional advancement. She earned her Bachelor of Science in Nursing from the University of Rochester, a Master's degree in Public Administration from Marist College, and a Doctorate in Nursing Practice from Aspen University.

***Redetha Abrahams-Nichols was selected as a  
2024 Women of Distinction honoree by Senator Zellnor Y. Myrie***

