Gordon Cunningham 2011 Cornaga Avenue Apartment 1A Far Rockaway NY 11691 914-330-0194

Slip and fall D.O.B. 08/14/1967 D.O.A. 01/26/2015 Case # G0896937 Carrier ID # W227383 Carrier case # 000531047417WC01

To Whom It May Concern

On January 26, 2015, I, Gordon Cunningham, suffered a slip and fall accident at AutoZone (Arcadian Shopping Center, Ossining, NY) while working as a sales manager. The incident resulted in severe injuries to my lower back (L4, L5, S1), neck, and wrist. Despite multiple surgeries (laminectomy, spinal fusion, and anterior/posterior surgery), I continue to experience chronic pain, limiting my daily activities.

The injuries affect me in the following ways:

- Unable to stand or sit for over 20 minutes
- · Difficulty sleeping and turning due to pain
- Loss of balance (requiring a walker and cane)
- · Abnormal breathing sounds · Severe pain throughout the day
- · Impact on sex life
- Burning sensation in my inner foot
- · Requiring assistance with daily tasks due to pain

I face additional challenges:

- · Prolonged waiting periods for hearings
- Limited permanent weeks of compensation
- . Nonchalant attitude towards injured workers

My doctors AND THE INSURANCE DOCTOR have deemed me totally disabled, yet the Worker's Compensation Board requires me to attach myself to the labor market despite severe restrictions. I request reevaluation of this requirement to consider the severity of work-related injuries.'

Sincerely,

Gordon Cunningham