

PRESS RELEASE FOR IMMEDIATE RELEASE May 10, 2024

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Senator Martinez to Host Maternal Mental Health Panel

Event will raise awareness, reduce stigma, and promote support for mothers and families

BAY SHORE, NY - New York State Senator Monica R. Martinez will host a panel discussion addressing maternal mental health on Saturday, May 18, 2024, at 10:00 a.m. in Bay Shore. The event will feature speakers who specialize in this subject area, including clinicians, therapists, and advocates, who will provide valuable insights for individuals and families navigating the challenges of early parenthood. Attendees of the "Break the Stigma: Maternal Mental Health Panel Discussion" will also have the opportunity to ask questions of the expert panelists.

Space for this important conversation is limited, please register by Monday, May 13, at www.tinyurl.com/sd4-mmh-panel. A light breakfast will be provided, and free blood pressure screenings will be available from representatives of Northwell Health's South Shore University Hospital, who are also co-sponsoring this event.

For more information, please call (631) 341-7111 or email <u>DiPalma@nysenate.gov</u>.

"Break the Stigma: Maternal Mental Health Panel Discussion" Event Details

Date: Saturday, May 18, 2024

Time: 10:00 a.m. to 12:00 p.m.

Location: 1933 Union Boulevard Bay Shore, New York 11706

Registration: www.tinyurl.com/sd4-mmh-panel (by Monday, May 13, 2024)

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Please join us for an impactful Maternal Mental Health Panel Discussion, where we will explore the resilience found in vulnerability. This critical conversation will be led by esteemed local experts and courageous individuals who have firsthand experience with this important issue. Attendees will have the opportunity to ask questions to expert panelists.







Light breakfast will be provided. Limited space. Please RSVP by May 13, 2024, by visiting:

WWW.TINYURL.COM/SD4-MMH-PANEL

FREE Blood Pressure Screenings Available Provided by South Shore University Hospital

For questions, please call 631-341-7111 or email DiPalma@nysenate.gov