



Fountain House is a national nonprofit that fights to improve health, increase opportunity, and end social and economic isolation for people most impacted by mental illness.

Since our inception, Fountain House has used a community-based social rehabilitation program and pioneered the “clubhouse model.” The clubhouse model starts with the idea that “community is therapy,” with each clubhouse being a community-based location designed to support the recovery and mitigate social isolation of people living with serious mental illness. Each clubhouse provides a therapeutic environment for people whose lives have been severely disrupted because of their mental illness.

Fountain House supports the passage of the Treatment Court Expansion Act.

I. Background on Treatment Court Expansion Act

New York’s treatment courts operate under a patchwork system of *ad hoc* mental health courts and limited drug courts. These courts are widely underutilized and in desperate need of streamlining and modernization. Expanding treatment courts is an investment in recovery, public safety, and second chances—giving individuals the support via licensed behavioral professionals, like social workers, helps them to rebuild their lives while strengthening our communities. Fountain House urges legislators to ensure adequate funding and staffing to achieve successful outcomes.

We need a statewide public health solution to make our communities healthier and safer by ending the revolving door of incarceration for people with mental health and substance use disorders, and other disabilities. The ultimate goal is for rehabilitation, not debilitation.

The Treatment Court Expansion Act modernizes and expands an existing state law. In 2009, as part of the Rockefeller Drug Law Reforms, New York State passed the Judicial Diversion Program legislation. The new Criminal Procedure Law Article 216 (CPL 216) created a pathway for a small subset of people with substance use disorders to avoid prison and potentially have their charges reduced or dismissed after engaging in a course of treatment. This treatment is monitored by specialized court parts in every county in New York. Judicial diversion has successfully enabled thousands of individuals to minimize or avoid a criminal record while receiving the benefit of potentially lifesaving substance abuse treatment. Judicial diversion has also realized the saving of tax dollars, from both reductions in reoffending and the decreased costs per capita of treatment versus incarceration.

TCEA opens accessibility while still balancing public safety concerns. This legislation would expand eligibility to include all "qualifying diagnosis" which consist of a wide range of mental diagnoses, most of which are currently excluded from drug courts. The most serious offenses like Class A felonies and Class B felony sex offenses would still require affirmative DA consent to be eligible. Otherwise the local treatment court judge will make a holistic eligibility determination on a case-by-case basis.

This legislation also adopts a bifurcated pre-plea model, which allows judges to require up-front guilty pleas for people charged with violent felonies, but allows those facing non-violent felony charges and misdemeanors to enter these programs immediately, without having to plead guilty. This "pre-plea" model is already practiced in many of New York's most successful treatment court programs.

Finally the bill is also drafted with an eye toward the practical realities of New York's treatment landscape. TCEA offers courts several mechanisms to adapt to a scarcity of services, and where the county simply cannot offer the level treatment that would meaningfully address the person's needs, judges are authorized to decline admission.

Treatment courts and the policies embodied in this legislation are widely popular, and have broad support among every-day New Yorkers and experts in the fields of mental health treatment, drug policy advocates, and criminal legal system reform. TCEA is a transformative piece of legislation that finally addresses the intersection of our state's mental health crisis and the criminal legal system with a common-sense, compassionate, and cost-saving approach.

II. Improved Public Safety and Fiscal Outcomes

TCEA is not only a bill that will make communities safer and more resilient, this legislation will save the state hundreds of millions of taxpayer dollars. Individuals with mental health challenges currently cycle through the criminal legal system, further decompensating with every arrest. It's critical to treat the root causes of criminal legal involvement. Experts believe that expanding treatment courts could cut recidivism in half and grow quarterly employment rates by 50% over 10 years, ultimately helping people become self-sustaining and autonomous.¹

¹ Recidiviz, Increasing Diversion Opportunities in New York (Dec 2023), available at <https://www.treatmentnotjail.com/files/ugd/d807c6e2fa0e67f9294649bdf7bcc6bb20a2c0.pdf>

The bill will also save the state money. The New York Office of Court Administration estimates that for every \$1 spent, the state will get \$2.21² and when taking into account collateral impacts, like child welfare and improved healthcare, that number skyrockets to \$10 dollars for every \$1 invested.³

It was under similarly financially uncertain times that our state passed Drug Law Reform, the landmark legislation that established statewide drug courts. Passed in the height of the fallout from the 2008 financial crisis, New York state was facing significant budget shortfalls, and elected leaders were spurred to develop a more financially efficient criminal legal system.⁴ Just 18 months after these courts were rolled out, the state reported a savings of \$1M each month.”⁵ Now Recidiviz estimates TCEA will save New York State \$908M over 5 years in reduced NYC jail costs and \$894M over 5 years in reduced state prison costs. We cannot afford not to streamline and modernize our courts and we owe it to our communities.

III. Improving Medical Treatment Plans

It’s critical that law enforcement act as law enforcement and clinicians as clinicians. In CPL Art. 216, prosecutors and judges make decisions about a person’s mental health state and, more dangerously, about their treatment plan. This is not an effective or appropriate role. TCEA clarifies that a licensed clinician, not judges or lawyers, will develop an appropriate treatment plan to target the individual’s qualifying diagnosis. The court retains the authority to admit or not admit a person into judicial diversion and the prosecutor has the ability to argue and present evidence that a person should or should not be admitted. But once a person is admitted, the only appropriate medical decision-maker is a state licensed healthcare professional.

IV. Importance of Clinical Assessments

It’s important to know the person’s mental health condition to make an appropriate determination about their suitability for treatment court. Documents in a person’s court file, like the rap sheet or the indictment, cannot reveal the underlying circumstances or inherent complexity of a person in crisis. Relying only on the “appearance” of a defendant in court is also not an option, as this will force judges to rely on implicit biases, ultimately leading to discrimination.

² New York State Unified Court System, https://www.nycourts.gov/legacyPDFS/courts/problem_solving/drugcourts/The-Future-of-Drug-Courts-in-NY-State-A-Strategic-Plan.pdf

³ Center for Court Innovation, Testing the Cost Savings of Judicial Diversion, 2013, https://www.innovatingjustice.org/wp-content/uploads/2013/05/NY_Judicial-Diversion_Cost-Study.pdf

⁴ Jim Parsons, Qing Wei, Joshua Rinaldi, Christian Henrichson, Talia Sandwick Travis Wendel and Ernest Drucker, Michael Ostermann, Samuel DeWitt, Todd Clear, *A Natural Experiment in Reform: Analyzing Drug Policy Change In New York City Final Report* (January 2016), p. 172, https://www.vera.org/downloads/publications/drug-law-reform-new-york-city-technical-report_03.pdf.

⁵ Public Hearing Transcript, “Implementation and Funding of the Rockefeller Drug Law Reform Legislation,” 20 December 2010, p. 20, <https://nyassembly.gov/av/hearings/> (“with the deficits we’re in right now of the millions and billions we can see that we are saving and doing what’s right for the people of the state of New York.

At the same time, it serves no one to fill a courtroom with frivolous applications. TCEA strikes a balance. In an effort to avoid unnecessary and duplicative clinical assessments, TCEA allows judges to refer to a previously completed assessment instead of ordering a new evaluation. In addition, the model places an initial onus on the defense to make a prima facie showing that the defendant has one or more qualifying diagnoses. Ultimately, these measures aim to investigate the root cause of criminal legal involvement while trying to make court operations more efficient.

V. Importance of Pre-plea

One of the cornerstones of TCEA is that it promotes a pre-plea model for lower level offenses, namely nonviolent felony offenses and misdemeanors. This reduces the amount of time that a person may have to wait prior to starting treatment, which in many counties can be months or even more than a year, bridges a racial justice gap, and eliminates other barriers to these programs.

A pre-plea opens up access particularly to those who may face immigration consequences⁶, who may not be guilty (at least of the highest charge),⁷ and those who are naturally apprehensive about treatment. A pre-plea model is also more effective.⁸ In a comparative study of 18 drug courts nationwide, researchers concluded that the pre-plea model both increased graduation rates and lowered costs.⁹ Finally removing the requirement to plead guilty streamlines admissions processes which supports court operations and best medical practices. Operating without a plea allows courts to swiftly intervene when those in need of treatment enter the criminal legal system. It is primarily for this reason that New York's Opioid Intervention Courts, which are focused on immediate connection to treatment to avoid overdose, uniformly operate without requiring an up-front plea.¹⁰

⁶ State Justice Institute, Center for Public Policy Studies, Immigration and the State Courts Initiative. (n.d.). *Risks to Immigrants From Drug Court Participation*.

<https://www.sji.gov/wp/wp-content/uploads/Immigrants-in-Drug-Court-4-1-13.pdf>

⁷ Flores, P., Lopez, J., Pemble-Flood, G., Riegel, H., Segura, M. (May 23, 2018). *An Analysis of Drug Treatment Courts in New York State*. SUNY Rockefeller Institute of Government, Center for Law & Policy Solutions.

<https://rockinst.org/wp-content/uploads/2018/05/5-23-18-Drug-Court-Report.pdf>.

⁸ Opsal, A., Kristensen, Ø., & Clausen, T. (2019). Readiness to change among involuntarily and voluntarily admitted patients with substance use disorders. *Substance Abuse Treatment, Prevention, and Policy*, 14(1).

<https://doi.org/10.1186/s13011-019-0237-y>; D. Werb, A. Kamarulzaman, M.C. Meacham, C. Rafful, B. Fischer, S.A. Strathdee, E. Wood, *The effectiveness of compulsory drug treatment: A systematic review*, Intl. J. of Drug Policy (Feb. 2016) <https://www.sciencedirect.com/science/article/abs/pii/S0955395921003066>.

⁹ Carey, S. M., Finigan, M., & Pukstas, K. (2008). Document Title: Exploring the Key Components of Drug Courts: A Comparative Study of 18 Adult Drug Courts on Practices, Outcomes, and Costs. *NPC Research*.

<https://www.ncjrs.gov/pdffiles1/nij/grants/223853.pdf>

¹⁰ *Opioid Courts - Overview* | NYCOURTS.GOV. (n.d.).

https://ww2.nycourts.gov/COURTS/problem_solving/opioid-courts-overview.shtml#:~:text=The%20Opioid%20Court%20model%20holds,at%20high%20risk%20of%20overdose

Yet these pre-plea benefits are not afforded equally across the state, and there exists a glaring racial divide between courts that are predominantly Black and courts that serve their white counterparts. Both the American Bar Association and the New York State Bar Association urge diversion courts to adopt a pre-plea model as a matter of racial equity. The ABA notes that “empirical study of post-plea diversion reveals a significant number of participants are subject to more severe penalties than similarly situated individuals who are not subject to diversion, particularly when the participant is a person of color.”¹¹ In Buffalo, white people make up a staggering 83% of the total enrollment for the local opioid court, while the Buffalo drug court counterpart is far more racially diverse, with white people making up only 46% of the total population. The opioid court is much more public health oriented and embraces a pre-plea model while the drug court is punitive and reflects archaic views on treatment. Race should not be dispositive on the nature of your care. Across the state all non-violent felonies and misdemeanors should be entitled to receive the accessibility, efficiency and medical benefits of a pre-plea model.

New York must finally begin to address the root causes of criminal legal system involvement. The Treatment Court Expansion Act will level the field of judicial diversion, and create tangible steps toward ending the criminalization of mental health challenges and functional impairments in New York. The Treatment Court Expansion Act will create parity in the system for all vulnerable populations who need support and opportunity, and promote public safety by opening avenues of appropriate, individualized treatment where there are now only pathways to incarceration.

¹¹ *Criminal Justice Standards on Diversion*. (n.d.). American Bar Association. https://www.americanbar.org/groups/criminal_justice/standards/diversion-standards/. (“Post-plea diversion programs, where the case is so close to the issuance of a final judgment, do not deviate significantly from the traditional criminal legal system. As a result, these programs occur in the presence of features of the criminal legal system that are often contrary to the objectives of diversion. For example, empirical study of post-plea diversion reveals a significant number of participants are subject to more severe penalties than similarly situated individuals who are not subject to diversion, particularly when the participant is a person of color.”).