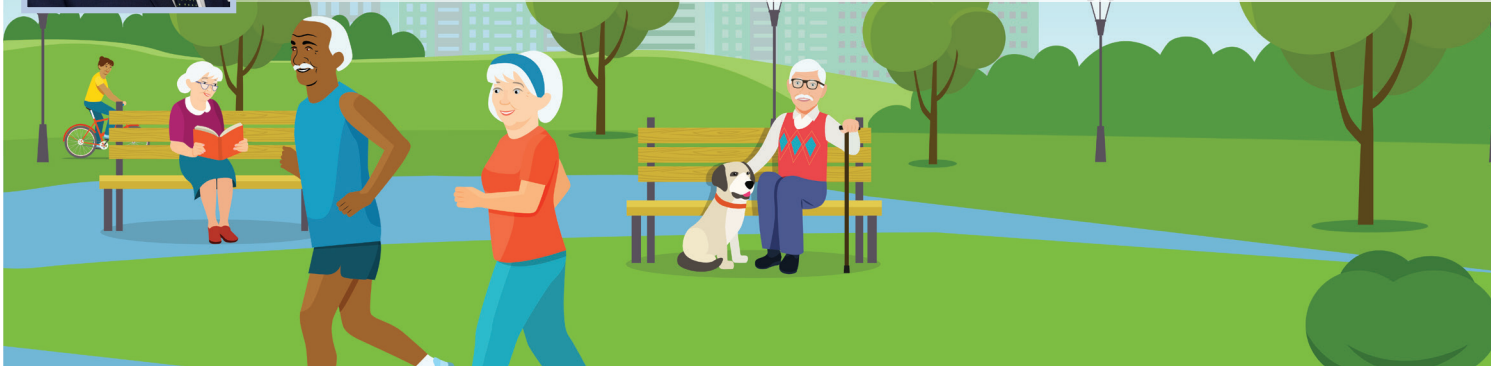




SENATOR THOMAS INVITES YOU TO A SENIOR HEALTH EXPO



WEDNESDAY, OCTOBER 2, 2019 • 9:00 AM - 1:30 PM

ST. PAUL'S FIELD HOUSE, 295 STEWART AVENUE, GARDEN CITY, NY 11530

**JOIN SENATOR THOMAS AT THE ANNUAL SENIOR HEALTH EXPO
TO LEARN ABOUT THE TREMENDOUS VARIETY OF HEALTH-RELATED PROGRAMS
AND SERVICES AVAILABLE TO SENIORS IN OUR COMMUNITY.**

FEATURING:

-  **OVER 100 PROVIDERS**
-  **FREE HEALTH SCREENINGS**
-  **ANNUAL FLU SHOTS**

-  **HEALTH & WELLNESS INFO**
-  **APPLICATION ASSISTANCE FOR SENIOR BENEFIT PROGRAMS**
-  **YOGA/MEDITATION WORKSHOP**

FOR MORE INFORMATION, PLEASE CALL SENATOR THOMAS' COMMUNITY OFFICE AT 516-739-1700.

