

**From:** "Senator Daphne Jordan" <jordan@nysenate.gov>

---

**Date:** Friday, March 13, 2020 05:27PM

**Subject:** Weekly Wrap: Novel Coronavirus Update & More

---



Dear Friend:

The health, safety, and wellbeing of you and your family are my top priorities as your State Senator. As the past several days have seen a significant increase in news, concern, and impacts regarding the Novel Coronavirus, much of my Weekly Wrap focuses on this critically important issue affecting every New Yorker and our fellow Americans. While news about the Novel Coronavirus is changing daily, even hourly, I remain committed to providing you the best possible information about how you and your family can stay safe and remain healthy, including common-sense helpful reminders about the importance of handwashing and other steps that we all can, and should, take. This Weekly Wrap contains direct updates and information from the New York State Department of Health (NYSDOH) and the Centers for Disease Control and Prevention (CDC).

As so many events are being canceled or postponed due to the Coronavirus, this edition of my Weekly Wrap shares what still happened in the 43rd Senate District during the past week. Information, precaution, prevention, and common-sense remain our best weapons in the fight against the Novel Coronavirus. Stay safe and be aware of older family members and individuals with underlying chronic medical conditions. Call me at (518) 371-2751, or email me at [jordan@nysenate.gov](mailto:jordan@nysenate.gov) if my office may be of assistance. Be assured that WE WILL GET THROUGH THIS, together. –  
**Senator Daphne Jordan, 43rd District**

## **New York State Department of Health toll-free Novel Coronavirus Hotline and Informational Webpage**

The public health crisis surrounding the Novel Coronavirus is rapidly changing and is being updated daily, even hourly. The New York State Department of Health has established a **toll-free Novel Coronavirus Hotline (1-888-364-3065)** and posted an informational webpage available at this

link: <https://www.health.ny.gov/diseases/communicable/coronavirus/>. Additionally, the New York State Association of Counties has provided a helpful site “Find My County Covid-19 Information” available at this link (scroll down the page and look for “Find my County COVID-19 information,” and select your County from the drop-down menu): <https://www.nysac.org/health>.

## **Information from the New York State Department of Health**

**Symptoms of the Novel Coronavirus:** The 2019 Novel Coronavirus may cause mild to severe respiratory symptoms like cough, fever, trouble breathing, and Pneumonia. The CDC believes at this time that symptoms may appear in as few as 2 days or as long as 14 days after exposure to the virus.

## **How Does Novel Coronavirus Spread?**

Most of the early reported cases had contact with a seafood and live animal market, suggesting an animal source of the outbreak. However, most cases are now likely to be spread from person to person by droplets when coughing. Since this virus is very new, health authorities continue to carefully watch how this virus spreads.

## **Steps to Prevent Illness from the Centers for Disease Control and Prevention**

The following information about keeping yourself and your family healthy is provided via the CDC website and available at this link: <https://www.cdc.gov/coronavirus/2019-ncov/about/prevention.html>.

There is currently no vaccine to prevent Coronavirus Disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus.

- The virus is thought to spread mainly from person-to-person.
- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please consult with your health care provider about additional steps you may be able to take to protect yourself.

### **Take steps to protect yourself**

- Clean your hands often.
- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact.
- Avoid close contact with people who are sick.
- Put distance between yourself and other people if COVID-19 is spreading in your

community. This is especially important for people who are at higher risk of getting very sick.

### **Take steps to protect others**

- Stay home if you are sick.
- Stay home if you are sick, except to get medical care.
- Cover coughs and sneezes.
- Cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow.
- Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.
- Wear a facemask if you are sick
- If you are sick: You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then you should do your best to cover your coughs and sneezes, and people who are caring for you should wear a facemask if they enter your room.
- If you are NOT sick: You do not need to wear a facemask unless you are caring for someone who is sick (and they are not able to wear a facemask). Facemasks may be in short supply and they should be saved for caregivers.

### **Clean and Disinfect**

- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.

- If surfaces are dirty, clean them: Use detergent or soap and water prior to disinfection.

### **To disinfect**

- Most common EPA-registered household disinfectants will work. Use disinfectants appropriate for the surface. Options include:

- Diluting your household bleach.

- To make a bleach solution, mix: 5 tablespoons (1/3rd cup) bleach per gallon of water OR 4 teaspoons bleach per quart of water. Follow manufacturer's instructions for application and proper ventilation. Check to ensure the product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser. Unexpired household bleach will be effective against coronaviruses when properly diluted.

### **Alcohol solutions**

- Ensure the solution has at least 70% alcohol.

### **Other common EPA-registered household disinfectants**

Products with EPA-approved emerging viral pathogens claims are expected to be effective against COVID-19 based on data for harder to kill viruses. Follow the manufacturer's instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).

### **43rd Annual South High Marathon Dance**



This past Friday was the Opening Ceremony for South Glens Falls High School 43rd Annual Marathon Dance. The students of South Glens Falls raised \$801,281.38 for this year's beneficiaries, which included local charities and members of the community. The event has raised over \$8.1 million for more than 530 beneficiaries in its fantastic 42-year history. More than 800 students have signed up to participate and Halie Northrop of my office represented me at this wonderful event. Congratulations to all of the marathon dancers and thank you for all you're doing to help the community.

### **Saratoga Springs Fire Department Annual Banquet**



Saturday evening was the Saratoga Springs Fire Department's Annual Testimonial Dinner. Peter Gemellaro of my office represented me and presented NYS Senate Certificates on my behalf to recognize Chief Williams for his 35 years of service, and Ricky Mangona for his 21 years of service. Thank you for your commitment to the community.



## Honoring Eagle Scout Max Brady



On Saturday, Dan Casale, of my staff represented me at Max Brady's Eagle Scout Ceremony held at the Center Brunswick Fire House. Max Brady's proud parents are Patricia and Jim. Congratulations Max on this terrific honor.



## Rensselaer County Honor a Deceased Veteran Ceremony



Monday was the monthly Rensselaer County Honor-A-Vet Ceremony honoring Austin Wilcox. Austin Wilcox served in the U.S. Army and was awarded the National Defense Service Medal, the Meritorious Service Medal, the Armed Forces Reserve Medal with “M” Device, the Global War on Terrorism Service Medal, and the Afghanistan Campaign Medal. Austin was a member of the DAV, Veterans of Lansingburgh, the VFW, Paralyzed Veterans of America, and the American Legion. It was an honor to present Austin Wilcox’s family with a New York State Senate Resolution, and the New York State Liberty Medal, the Senate’s highest honor. God Bless Austin Wilcox!

### **Recognizing the Town of Taghkanic on Becoming a Purple Heart Community**





This week I also recognized and commended the Town of Taghkanic on becoming a “Purple Heart Community.” I’m pictured above with Town Supervisor Ryan Skoda whom I presented a framed New York State Senate Proclamation. The Purple Heart is America’s oldest military honor awarded to those wounded in defense of our nation. The Purple Heart Community designation effort that I’m leading helps local communities further honor the patriotic service and sacrifice of our country’s heroes. Congratulations to the Town of Taghkanic on becoming the latest community to adopt this local designation! If your municipality is interested in becoming a Purple Heart Community, please contact my office at [jordan@nysenate.gov](mailto:jordan@nysenate.gov) or (518) 371-2751.

### **Championing Our Small Businesses**



Tuesday was “Small Business Advocacy Day” in Albany and I’m proudly pictured

above with Thomas O'Connor, Vice President of Government Relations at the Capital Region Chamber, and Ashley Stuart, Director of Government Affairs for the New York Health Plan Association. They visited my Albany office and shared NFIB's budgetary and legislative priorities. As the former owner of two successful small businesses that employed 14 individuals, I know firsthand how important tax relief and regulatory reform are for job creators. Small businesses employ more than half of all New Yorkers and it's vital that Albany stop hurting — and start listening to and helping — our job creators.

### **Attending Rensselaer County Executive Steve McLaughlin's 2020 State of the County Address**









Rensselaer County Executive Steve McLaughlin hit another grand slam during his 2020 State of the County Address! County Executive McLaughlin outlined the fantastic, continued progress already achieved under his administration and with strong, terrific partners in the Rensselaer County Legislature's Republican Majority. Successes include new economic development, a growing economy and many more good-paying jobs, two successful tax cuts, the state's highest sales tax revenue growth, no bonding, a \$15 million County surplus for emergencies, 33 miles of roads paved,

and 35 miles to be paved next year, a groundbreaking Telemedicine partnership (Rensselaer is the first County in all of NYS to advance this partnership), the list of achievements goes on and on! All of these successes did NOT happen by accident; they were achieved by the strong, forward-looking, principled leadership of County Executive McLaughlin, whom I'm proudly pictured with above. However, as the County Executive said, all of these incredible, unprecedented successes could be undone because of the new Medicaid mandate — yet another Albany cost shift — contained in the 2020-21 State Budget. The Governor's cost shift will HURT counties and must be rejected by the state legislature. Counties didn't cause this Medicaid mess, Albany did. GREAT things are happening in Rensselaer County – let's keep great going!

### **Taking Part in Launch of the Larry Gordon Camp Saratoga Visitor's Center Project**









On Wednesday, I attended the Launch of the “Larry Gordon Camp Saratoga Visitor’s Center Project.” This is a public-private partnership between the Town of Wilton, Saratoga County, DEC, and Wilton Wildlife Preserve and Park. Visitors can gather information or maps and learn about events and programs. Visitor’s Center exhibits will share important historical and ecological aspects of Camp Saratoga as well as Saratoga Sandplains. Fundraising is underway. As noted on the Wilton Wildlife website, the next fundraiser for this project will be at 5 p.m. Thursday, March 19, at the Wishing Well restaurant, Route 9, Wilton. The Wishing Well will be donating 50 percent of all dining tabs to support the Wilton Wildlife Preserve & Park and the Larry Gordon Camp Saratoga Visitor Center Project. Dinner reservations can be made at [www.wishingwellrestaurant.com](http://www.wishingwellrestaurant.com). More information about the Larry Gordon Camp Saratoga Visitor Center is available at (518) 450-0321 or at [info@wiltonpreserve.org](mailto:info@wiltonpreserve.org). I attended this event with Margo Olson- Executive Director Wilton Wildlife Preserve, Linda Baker, Educational Researcher, Wilton Wildlife Preserve and Maria Moran, the Comptroller for the Town of Wilton, Jennifer

Benaman, President of Board of Directors, Wilton Wildlife Preserve, Larry Gordon's son Rick, and Scott Gordon, Larry's Uncle.

**Albany Office:**

508 Legislative Office Bldg  
Albany, NY 12247  
518-455-2381

**District Office:**

1580 Columbia Tpke, Bldg 2 Ste 1  
Castleton-on-Hudson, NY 12033  
518-371-2751



## THE NEW YORK STATE SENATE

To ensure delivery of emails to your inbox, please add [jordan@nysenate.gov](mailto:jordan@nysenate.gov) to your email address book.

[Click here](#) to view this email in your browser.

[Click here](#) to manage your email subscription settings or to unsubscribe.

[Share on Facebook.](#)