NEW YORK STATE SENATE Senator James Skoufis 39th District

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STATEMENT Senator Skoufis Statement on COVID-19 Recovery

"I am relieved and happy to report that I have fully recovered and, as of today, am able to release from self-isolation; it has been 14 days since I began showing Coronavirus symptoms, including fever, headaches, shaking chills, and exhaustion. The past two weeks are the sickest I have ever felt and serve as a reminder that, no matter one's age or underlying health, COVID-19 is a virus that ought to be taken with the utmost seriousness.

"I am, first and foremost, thankful to my wife, Hillary, for her care. Family members, especially those who act as caregivers, suffer from emotional turmoil and face severe risk of contraction while taking care of loved ones. Hillary remains healthy and well while working from home. I also want to express gratitude to my doctor at Cornerstone Family Healthcare who represents the finest of the organization.

"Crises like the one we are living in bring out the best in most people. To that end, I'll be forever grateful for the outpouring of support that Hillary and I received from our neighbors, friends, and constituents over the past two weeks. The messages, cards, well wishes, and generosity served to keep our spirits up, particularly during those times that challenged our optimism.

"I look forward to seeing everyone in the near future. In the meantime, please continue to take care and reach out to my office if you need anything. We have lots of work to do, and I'm ready as ever to do it."