

New York State Senator Roxanne J. Persaud 19th Senate District

Canarsie • East New York • Brownsville • Mill Basin • Sheepshead Bay • Bergen Beach • Marine Park • Flatlands • Mill Island • Georgetown • Ocean Hill • Starrett City

Summer Newsletter

RANKING MINORITY MEMBER

CITIES
SOCIAL SERVICES

COMMITTEES

CHILDREN & FAMILIES
CIVIL SERVICE & PENSIONS
COMMERCE, ECONOMICS DEVELOPMENT &
SMALL BUSINESS
CULTURAL AFFAIRS, TOURISM, PARKS &
RECREATION
HEALTH

NEW YORK STATE SENATE



SENATOR ROXANNE J. PERSAUD
19TH SENATE DISTRICT

PLEASE RESPOND TO:

☐ **ALBANY OFFICE:**
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ALBANY, NEW YORK 12247
518-455-2788
FAX: 518-426-6806

☐ **DISTRICT OFFICE:**
1222 EAST 96TH STREET
BROOKLYN, NEW YORK 11236
718-649-7653
FAX: 718-649-7661

Dear Neighbor,

In this summer edition newsletter, I share with you some updates and information about healthy eating, upcoming events, educational achievements, safety tips, and much, much more.

Please visit my website for additional information, important resources and frequent updates to stay current about events going on in our community. Should you need assistance, please do not hesitate to contact my office. Have a wonderful and safe summer!

Remember, You Deserve to Be Served!

Yours in Partnership

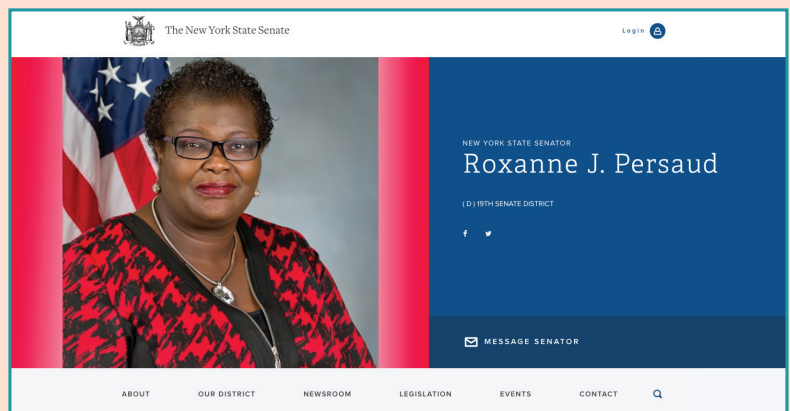
Roxanne



Constituent Services

New Summer Office Hours

Monday: 9:00 AM – 5:00 PM
Tuesday: 9:00 AM – 5:00 PM
Wednesday: 9:00 AM – 5:00 PM
Thursday: 9:00 AM – 7:00 PM
Friday: 9:00 AM – 2:00 PM



New York State Senator

Roxanne J. Persaud

19th Senatorial District

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Senator Roxanne Persaud



@SenatorPersaud

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Summer Events

SENATOR PERSAUD CONTINUES
HER AROUND THE DISTRICT
CONSTITUENT CONNECTION
7:00 AM – 8:30 AM

July 14th	Atlantic Avenue & Snediker Avenue
July 15th	Kings Hwy & E. 16th Street
July 21st	Gravesend Neck Rd. & E. 16th Street
July 22nd	Rockaway Avenue & Livonia Avenue
July 28th	Avenue U & E. 16th Street
July 29th	Van Sinderen Avenue & Fulton Street

***Please check my website for meet and greet locations and train info**

FOR MORE INFORMATION ABOUT
UPCOMING EVENTS PLEASE CHECK THE
EVENTS TAB ON MY WEBSITE:
PERSAUD.NYSENATE.GOV

July 9th	Rain Barrel Project
July 16th	Bike NYC Adults
July 25th	The Epic Ride
August TBD	Family Fun Day
August TBD	Movie Night
August TBD	Bike East 2016
September 8th	Senior Fun Day

Summer Safety Tips

It's summer and outdoors activities are calling our names. This means days spent in the sun and nights spent under the stars. Before you head outside review these summer safety tips that will help everyone stay safe and healthy this summer.

BUG BITES

Bugs like ticks and mosquitoes are responsible for illnesses like Lyme disease and West Nile Virus. Here are some ways to protect your household.

- Use Insect Repellent
- Wear protective clothing in wooded or grassy areas
- Perform bug/tick checks on your family members

PROTECTION FROM THE SUN AND HEAT

Heat related illnesses are common during the hot summer. Young children and seniors are at a greater risk of heatstroke. Here are some ways to stay cool.

- Stay clear of the sun during peak heat index hours 10 AM to 6 PM
- Use sunscreen containing UVA, UVB and an appropriate amount of SPF listed.
- Apply sunscreen 30 minutes before heading outdoors and don't forget to reapply if outside for extended hours
- Dress in lightweight clothing that covers your skin and provides protection from sun exposure.
- Stay hydrated by drinking plenty of water
- Never leave children or pets unattended in the car as temperatures can accelerate quickly resulting in overheating, dehydration and death.

(Source Citation)

"Make Summer Safe for Kids" Center For Disease Control and Prevention, Web. 23 May 2016. <http://www.cdc.gov/family/kids/summer/>

WATER SAFETY

Summer time and water activity go hand in hand.

- Supervision is key!
- Anything from a kiddie swimming pool to a lake are potential drowning hazards
- Learn CPR skills and make use of swimming classes for children

PEDESTRIAN SAFETY

Road safety is for everyone even when exploring our city on foot.

- Walk, do not run across the street or parking lots
- Children should always be holding a hand when crossing the street
- Be aware of people on bicycles.
- Look both ways. Even when crossing a one-way street

FIRST AID KIT

Occasionally accidents happen. A first aid kit can be a useful tool to prevent further injury from occurring.

- It's a good idea to have a home aid and travel kit
- Keep emergency contact information inside the kit as well as family members known medical history including allergies

BICYCLES & SCOOTERS

- When riding on anything with wheels always wear a helmet and make sure it fits properly. A helmet that does not fit, does not work!
- Check equipment for things like working brakes, securely mounted wheels, handle bars, reflectors and properly inflated tires

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THOMAS JEFFERSON BOYS CROWNED PSAL BASKETBALL CHAMPS

The Thomas Jefferson's High School Boys Basketball team won the New York Public School Athletic League (PSAL) Boy Basketball Championship, a feat that has not happened in 62 years. Being a student athlete is hard work. It requires focus, determination and time management skills to balance academics and athletics. Congrats and job Well Done Thomas Jefferson High! You have made your community proud!

SCIENCE, TECHNOLOGY, ENGINEERING AND MATHEMATICS (STEM) IN THE CLASSROOM



STEM programs are created for elementary and middle school students to engage in collaborative problem solving exercises. These exercises are geared to expand their conceptual knowledge of Science, Technology, Engineering, and Mathematics. After touring the different STEM programs in the district, I am excited to report that our children are being challenged; Middle schoolers were participating in team bridge building competitions and building self-designed electric cars. Our elementary school children were constructing electric puppets with eye that lit up and programming computer games.



It was simply amazing. Ensuring our public school students have access to a quality education is one of my top priorities.



SUMMER READING PROGRAM

Ready. Set. Read! I am excited to offer the NY State Senate summer reading program which allows parents and guardians to track their children's reading activity online and share their progress with friends and family! Students who engage in summer reading programs tend to develop an enthusiasm for reading and achieve higher scores on reading achievement tests. All enrolled students will receive a certificate for their participation. Sign up online today at Persaud.nysenate.gov. For more information please contact the District Office.

EARTH DAY 2016 POSTER CONTEST



This year we received many outstanding pieces of artwork for the New York State Senate's Earth Day Poster Contest that exemplified the creativity of the young people in the 19th Senatorial

District. Each entry from the District displayed tremendous originality and vision as well as obvious concern for the ecosystem. The winner of the 2016 Earth Day Poster Contest for Senate District 19 was Aidan Mease from PS 279. Congratulations to all the students who participated in the contest. All posters are available for viewing online at Persaud.nysenate.gov

EDUCATIONAL LEADERSHIP AWARDS BREAKFAST

Senator Persaud, in partnership with HealthFirst honored the unsung heroes amongst our educators at an Educational Leadership Awards Breakfast on April, 8th 2016, at the Tropical Paradise Ballroom. Persaud's Educational Leadership Awards breakfast recognized over 100 Guidance Counselors, Parent Teacher Coordinators and Parent Teacher Association Presidents from across our school districts. Their demonstrations of leadership and commitment to the educational needs of our children as well as their parents and families are instrumental in the success of our community.



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Rain Barrel Giveaway

Senator Persaud partnered with New York City Department of Environmental Protection and offered over 100 free barrels to homeowners to help reduce water bills, conserve drinking water, and help prevent hazardous sewer overflows into our local waterways. Rain barrels store captured storm water for your future use, such as watering your garden or washing your car.

Homeowners, if you are interested in getting a free rain barrel, please check our website at Persaud@nysenate.gov or contact my District Office for more information.

****Registration Will Be Required to Receive Free Rain Barrel****

New York State Senate
Albany, NY 12247



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New York Senate

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Local Green Markets for Fresh Summer Produce

Greenmarkets provide all New Yorkers with access to fresh and nutritious locally grown food. Eating a diet rich in fresh fruits and vegetables provide many health benefits. Those who consume fruits and vegetables as part of an overall healthy diet are most likely to have a reduced risk of some chronic illnesses such as heart disease, obesity, type 2 diabetes and certain types of cancer. Below, please find a list of fresh food farmers markets available in our district to help you continue or jump start your healthy lifestyle.

Brownsville Pitkin Youthmarket

481 Thomas S. Boyland St, Brooklyn, NY 11212
Saturdays, July 9th - November 19th; 10 am to 3 pm
Cash, SNAP/EBT, Credit/Debit, WIC & FMNP

Brownsville Rockaway Greenmarket

243 Livonia Ave, Brooklyn, New York, 11212
Fridays, July 8th - November 18th ; 12 pm - 5 pm
Cash, SNAP/EBT, Credit/Debit, WIC & FMNP

East New York Farms

Schenck Ave. between New Lots & Livonia Ave.
Saturdays, June – Nov; 9 am - 3 pm
Cash, SNAP/EBT, Credit/Debit, WIC & FMNP

New Lots Ave. between Alabama & Georgia Ave.
Wednesdays, July – October; 3:30 pm - 6:30 pm
Cash, SNAP/EBT, Credit/Debit, WIC & FMNP



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