



NEW YORK
STATE SENATE

New York State Senator
Roxanne Persaud
1222 East 96th St.
Brooklyn, NY 11236

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Senator Roxanne Persaud's CPR & Fire Safety Training

Thursday, January 28th
6:30^{pm} - 8:30^{pm}

Boulevard Community Center
726 Stanley Ave, Brooklyn, NY
(Btw Schenck Ave and Ashford St)

You Deserve to be Served!



“ I urge you to come out and take advantage of this free CPR and Fire Safety course provided by FDNY. Performing CPR can help save lives.”

19th Senate District

Senator Roxanne Persaud



SENATOR PERSAUD'S CPR AND FIRE SAFETY COURSE

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TOP NINE REASONS: WHY YOU NEED TO KNOW CPR

- 9) About 75 percent to 80 percent of all out-of-hospital cardiac arrests happen at home, so being trained to perform cardiopulmonary resuscitation (CPR) can mean the difference between life and death for a loved one.
- 8) Effective bystander CPR, provided immediately after cardiac arrest, can double a victim's chance of survival.
- 7) CPR helps maintain vital blood flow to the heart and brain and increases the amount of time that an electric shock from a defibrillator can be effective.
- 6) Approximately 95 percent of sudden cardiac arrest victims die before reaching the hospital.
- 5) Brain death starts to occur four to six minutes after someone experiences cardiac arrest if no CPR and defibrillation occurs during that time.
- 4) If bystander CPR is not provided, a sudden cardiac arrest victim's chances of survival fall 7 percent to 10 percent for every minute of delay until defibrillation.
- 3) Sudden cardiac arrest is most often caused by an abnormal heart rhythm called ventricular fibrillation (VF). Cardiac arrest can also occur after the onset of a heart attack or as a result of electrocution or near-drowning.
- 2) When sudden cardiac arrest occurs, the victim collapses, becomes unresponsive to gentle shaking, stops normal breathing and after two rescue breaths, still isn't breathing normally, coughing or moving.
- 1) Death from sudden cardiac arrest is not inevitable. If more people knew CPR, more lives could be saved.



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