

Sarah Smith, person in long term recovery

Age 26

December 21, 2011 sober date

LMSW recently employed at Family Service League in Hauppauge

- Experience, strength, hope
- Services missing-more opportunities for long term treatment, places/events to support long term recovery
- One approach to recovery-all or nothing thinking; outpatients don't agree with all harm reduction strategies
- Ineffective treatment approaches-underpaid workers equal lower quality work
- Managed care deciding who gets treatment and for how long
- Inability to reintegrate back into community-criminal records, outpatient/courts interfering
- Mental health services more accessible-not limiting to substance use
- Housing for people transitioning out of rehab/CRs/jail then reintegrate slowly back into community
- Access to peer recovery coaches
- Recovery high schools/colleges
- More effective early intervention techniques-middle/high school
- Drug and alcohol counselor in every high school