



# TREES *of* HOPE

Residents Can Take Home A Free Tree As A Symbol Of Hope & A New Beginning

PUBLIC EDUCATION  
SESSION FOR YOUTH  
AND FAMILIES

- Learn ways to manage stress and promote wellness through breathing
- Receive guidance and support from trained Project Hope counselors

**Sunday 20th October**

**Oakwood Heights Community Church: 345 Guyon Ave, Staten Island, NY 10306**

**11:30am - 1:30pm**

**RESERVE YOUR FREE TREE TODAY!**

Go to:

[http://www.nyrp.org/Greening\\_Sustainability/MillionTreesNYC/Tree\\_Giveaways](http://www.nyrp.org/Greening_Sustainability/MillionTreesNYC/Tree_Giveaways)

Limited quantities of trees will be available for walk-ups

**For more information please contact: Heather Ascher (718)442 2225 ext. 140**

For more information please call 1-800-LIFENET. Talk to Someone. Confidential. Free. 24/7.  
LIFENET can refer you to a Project Hope counselor near you.

Trees donated by joint collaboration by

**milliontreesNYC**  
A PLANYC INITIATIVE WITH NYC PARKS AND NEW YORK RESTORATION PROJECT



Take home a

# FREE TREE



## Sunday, October 20, 2013\*

11:30am – 1:30pm // Oakwood Heights Community Church  
345 Guyon Ave., Oakwood Heights, 10306

**IT'S** YOURS.

For more information and to reserve your **FREE TREE** visit:  
**[www.nyrp.org/treegiveaways](http://www.nyrp.org/treegiveaways)**



**\*DATE & TIME SUBJECT TO CHANGE.** Check [www.nyrp.org/treegiveaways](http://www.nyrp.org/treegiveaways) before attending a giveaway.  
Limited quantities will be available for walk-ups on a first-come, first-served basis.

### **TREE REQUIREMENTS**

- Must plant tree in one of the five boroughs.
- Must keep trees watered and maintained.
- Do NOT plant along streets, in containers, terraces, balconies or on roofs.

Event Hosted By

**Staten Island Mental Health Society Project Hope**



*in partnership with New York Restoration Project & the MillionTreesNYC initiative*

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