

## NEWS BRIEF

### Webinar addresses postponement of high school, college sports

Nassau and Suffolk counties have both opted to postpone high school sports until January of 2021, and many colleges have moved their fall sports to the spring, as well. With sports on pause, student-athletes — especially high school seniors — and parents are left not only disappointed, but also with many lingering questions.

How will student-athletes demonstrate their performance to college scouts without games until January at the earliest? Will sports scholarships be in jeopardy? What other options do student-athletes, both in college and high school, have for maintaining their skill and physical activity?

Herald Inside LI, a webinar series produced by RichnerLive, a division of Richner Communications Inc., publisher of Herald Community Newspapers, will explore these questions on Wednesday, Sept. 23, at 7 p.m. Inside LI webinars aim to educate the community about navigating different aspects of life during the coronavirus pandemic. This live, 45-minute virtual event will feature local athletics coaches and officials, including:

- Chuck Priore, Football Head Coach,

Stony Brook University

- Danielle Santos Atkinson, Women's Basketball Head Coach, Hofstra University

- Michael Rubino, Football Head Coach and Athletic Director, Valley Stream Central High School

- David Viegas, Director of Health, Physical Education and Athletics, Hewlett-Woodmere Union Free School District

Skye Ostreicher, of RichnerLive and Herald Community Newspapers, will moderate this conversation and deliver questions for the panelists. We invite you to be a part of this virtual discussion by signing up here: [liherald.com/insideli](http://liherald.com/insideli).

Herald Inside LI will offer a series of free webinars in the coming weeks and months to help inform people about the salient issues surrounding the Covid-19 crisis to empower them to make smart decisions for themselves and their families. To sponsor a webinar or for more information, contact Amy Amato at [amato@richnerlive.com](mailto:amato@richnerlive.com) or (516) 569-4000, ext. 224.

## Hempstead Restaurant Recognized with Empire Business Award



Courtesy State Sen. Kevin Thomas  
**CAP: STATE SEN.** Kevin Thomas presenting the Empire Award to Hector Henriquez and Martha Caro, owners of El Mofongo Restaurant.

A Hempstead restaurant has won the New York State Empire Business Award in recognition of their contributions and dedication to the community and New York State.

State Sen. Kevin Thomas presented the owners of El Mofongo restaurant on Fulton Avenue with the Empire Award, which honors businesses that are leaders in their industry, use innovative methods or products, increase jobs and economic growth, and have made a significant impact on their communities.

Hector Henriquez and Martha Caro opened El Mofongo in 2017 to bring authentic, Dominican-style food and baked goods to the Hempstead community. The restaurant is named for a popular dish made from mashed plantains.

"It is an honor to present El Mofongo with the New York State Empire Award," Thomas said. "Food is the constant that unites all people and brings us together. El Mofongo has not only brought the flavors of the Dominican Republic to Long Island — it has brought our community closer together."



*L'Shanah Tovah*  
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*Happy New Year*

*From the Staff of the*  
**HERALD**  
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