



Health and Wellness Month with Senator José M. Serrano

This January, Senator Serrano's off-site constituent hours will focus on creating awareness about programs and services available to address the health needs of constituents.

On select days, the Food Bank for NYC, the New York State Wide Senior Action Council, and the NYC Health Department's East Harlem and Bronx Public Health Offices will be joining us and bringing their health initiatives to the communities of the 29th Senate District.

Bronx

Jan. 3 | 11-2 pm

PSS High Bridge
Senior Center
1181 Nelson Ave

Jan. 10 | 3-6 pm

Sedgwick Library
1701 Dr MLK Jr.Blvd

We'll be joined by the Bronx District Public Health Office during all of our Constituent Hours in the Bronx.

Jan. 17 | 11-2 pm

BronxWorks, NORC
Senior Center
River Park Towers
30 Richman Plaza

Jan. 24 | 3-6 pm

Mott Haven Library
321 E 140th

Jan. 31 | 11-2 pm

BronxWorks, Heights
Senior Center
200 W. Tremont Ave.

Upper West Side

Jan. 5 | 11-2 pm

JASA Club 76
Senior Center
120 W 76th St,

With the NYSSAC

Jan. 12 & 26 | 3-6 pm

St Agnes Library
444 Amsterdam Ave

With the NYC Health Dept. on Jan. 26

Jan. 19 | 11-2 pm

Goddard Riverside Community Center
593 Columbus Ave

Roosevelt Island

Jan. 4 (11-2 pm) & Jan. 19 (10-2 pm)

Roosevelt Island Senior Center
546 Main Street

With the NYSSAC on Jan. 4.

Jan. 11 (3-6 pm) & Jan. 25 (3-6 pm)

Roosevelt Island Library
524 Main Street

The NYC Health Dept. will join us on Jan. 11.

East Harlem

Jan. 9 | 2-5 pm

East Harlem Asthma
Center of Excellence
161 E. 110th St

Jan. 23 | 3-6 pm

96th Street Library
112 E. 96th St

Jan. 30 | 11-2 pm

Stanley M. Isaacs Neighborhood Center
415 E. 93rd St

The East Harlem District Public Health Office will join us for all 3 Constituent Hours. The Food Bank for NYC will conduct a SNAP Screening on Jan 30.