

OVERCOMING STRESS AND ANXIETY

The workshop will help you understand stress and how it relates to your life.

45th Annual Caucus Weekend Workshop



Presented by Senate Democratic Conference Leader Andrea Stewart-Cousins,
Senator Jesse Hamilton and Assembly Member Nick Perry



Dr. Phillip Murray
Chief Resident
New York-Presbyterian Hospital Child and
Adolescent Psychiatry
Residency Training Program
Columbia and Cornell Universities



Dr. Elisa English
Ph.D, MSW, LCSW-R
Clinical Social Work/ Therapist



Susan Cameron
MSW, LCSW
Acting Director of BH-SW/
Director of Community Linkage
Kings County Hospital Center



Alithia Alleyne
CMHFA
Program Administrator
SUNY Downstate Medical Center



Samuel Williams
LCSW
Social Worker
The Jewish Board of Family and
Children's Services

