



Women of DISTINCTION

HONORING WOMEN IN NEW YORK

Krista Jones

Krista Jones is the Executive Director of Sparrow's Nest of the Hudson Valley. Living in the Hudson Valley for over 20 years, she was brought to the area as a radio reporter on WDST and WKNY in Kingston. She later took a position as News Director/Morning Show Co-Host on WRNQ-FM/Clear Channel Radio of the Hudson Valley and served in this capacity for over 15 years.

After marrying and giving birth to three beautiful red heads, the local mom was looking to do something more. When her friend, a mother of three, was diagnosed with stage 4 colon cancer, her immediate response was, "let me cook them dinner." Night after night, the Hopewell Junction resident left warm, homemade meals on the struggling family's doorstep and realized she was able to give her friend comfort during her cancer fight. Not long after, four other friends were diagnosed with various cancers, and while cooking for all their families, Ms. Jones knew this was something she could do for the masses.

In 2013, Sparrow's Nest took flight. In its inaugural year, the charity fed 16 people. Today, the charity feeds over 350 people each week, and has fed more than 2,000 people since its inception. The charity originally made meals out of Ms. Jones' home, but moved the Nest to a new location in 2017 at the Summerlin Plaza in Wappingers Falls, New York. Today, Sparrow's Nest serves five counties in the Hudson Valley, as well as families staying at the Ronald McDonald House, located on the grounds of Westchester Medical Center in Valhalla.

Ms. Jones serves as the Executive Director and sits on many of the board's committees. Under her passionate leadership, Sparrow's Nest has received countless awards including the 2019 Falcon Award for Business Excellence in Dutchess County and the Ronald McDonald House of the Greater Hudson Valley's 2020 Red Shoe Award recipient for Non-Profit Partner of the Year, and has secured significant grants to help expand their reach throughout the community.

Through her work, Ms. Jones has touched countless lives throughout the Hudson Valley and exemplifies all that it means to be a NYS Senate "Woman of Distinction."

***Krista Jones was selected as a
2020 Woman of Distinction honoree by Senator Susan Serino.***

