



Women of DISTINCTION

HONORING WOMEN IN NEW YORK

Maria Ingrassia

Maria Ingrassia is a widely respected, talented leader and dedicated community servant, who has devoted her life's work to the people of the Hudson Valley. She is presently the Mid-Hudson Director of Intergovernmental Affairs for U.S. Representative Sean Patrick Maloney, but her commitment to community affairs spans decades.

Ms. Ingrassia is a leader and a change maker with a caring heart, who has spent years advocating for more robust mental health services for children and families. She was the Development Director at Orange County ARC and was an active member of the Joint Mental Health Agencies in Orange County. Her efforts were focused on helping individuals and their families with disabilities through quality care and person-centered planning. She also served on the Board of Directors of the Mental Health Association of Orange County for several years. With a Volunteer Advisory Board, she helped launch "Caring for Every Child," a mental health campaign.

Ms. Ingrassia also spoke to many area service clubs on how important it was to recognize the signs of childhood mental health issues and how they could get help for children and their families. These programs have been instrumental in providing vital mental health care at a time in our society when childhood mental health issues were often looked at as a stigma.

She has served in several other community-minded roles, including Foundation President and Director of Resource and Community Outreach for SUNY Sullivan. As an advocate for labor, she was the Political Community Organizer for SEIU International and Business Representative for SEIU Local 200 from 2005 to 2010.

Ms. Ingrassia spent much of her career supporting the interests of women and girls throughout the Hudson Valley, serving as an Honoree, Honorary Chairwoman, and Chair of the Alumni Committee for the Tribute to Women of Achievement. She continues to break new ground as a leader in her professional and volunteer organizations, including the Women's University Club of Middletown, member of the Orange County Land Trust, and an avid fundraiser for the Columbia College of Physicians and Surgeons in Manhattan for Celiac Disease. She continues to be the epitome of a public servant, with a proven track record in advancement, fundraising, community relations and outreach, and labor relations.

***Maria Ingrassia was selected as a
2020 Woman of Distinction honoree by Senator Jen Metzger.***

