



Women of DISTINCTION

HONORING WOMEN IN NEW YORK

Sophia L. Reid

Sophia L. Reid has been Program Director of R.A.I.N. (Regional Aid for Interim Needs) Eastchester Senior Center in the Bronx since 2016. Prior to this, she was Program Director at R.A.I.N. Boston Secor Senior Center, also located in the Bronx.

As Program Director, one of Ms. Reid's many responsibilities is to implement program activities of interest to members, and to foster older adult healthy aging and well-being. She does this by making sure members are physically active, mentally stimulated and presented with numerous activity options.

Ms. Reid has more than 15 years of experience in the medical field, working as a medical assistant and medical biller; she was also the Office Manager for Cardiology and Geriatric Medicine at Boro Medical, P.C. and Our Lady of Mercy, Durso Pavilion in the Bronx. She has a Bachelor of Arts in Psychology from The College of New Rochelle, a Medical Assistant Diploma from Blake Business School, and has earned many certificates of completion and training in the medical field.

In recognition of her hard work and dedication on behalf of seniors and her community, Ms. Reid has received numerous accolades including those from: the New York City Department for the Aging; the Title V Senior Community Service Employment Program; the Bronx Borough President; Live On New York; the Northeast Bronx community; Congress; the Senate of the State of New York, Senator Ruth Hassell-Thompson; the NAACP; and Bridgefield Civic League, Inc.

Currently, Ms. Reid is attending the 2019 Citizen Police Academy, a ten-week program that began on March 12, 2019 and ends May 14, 2019. This is an accelerated civilian training program that provides members of the community with a background and understanding of the New York City Police Department's policies and activities.

Ms. Reid's proven dedication and selfless commitment to seniors and to her community is evident in her dedication and numerous good works. She works to provide an environment where "her seniors" feel safe, comfortable and happy to be there. They come from various ethnic backgrounds, and not all speak English, but Sophia says, "You don't have to love each other, but you must respect each other, and that's how it is!"

***Sophia L. Reid was selected as a
2019 Woman of Distinction honoree by Senator Jamaal T. Bailey.***

