

Food waste is a very big problem in America, but it could be helped by eating food made from surplus ingredients. Large amounts of edible food thrown out annually and that America alone is wasting around 62 million tons of food every year. To give an example to the problem, in the article “ Would you eat food made with “trash?” ”, the author states “Globally, up to a third of all food is spoiled or lost before it can be eaten. America wastes about 62 million tons of food annually. This waste amounts to some \$218 million” (2). This helps explain the problem with food waste because it shows the extremely high numbers of how many tons of food is wasted and how much the waste sums up to cost. It also shows that a third of every food item is first spoiled or lost before it’s able to be consumed. But even with these type of statistics, a majority of Americans still don’t have frequent access to healthy foods. The author also wrote, “Participants were not, as food manufacturers have long assumed, disgusted by the idea of using "trash" in their food...“Consumers want to support products that help the environment and are sustainable and make the world a better place,” Kurzrock says” (1 & 3). This quote from Emily Matchar’s article also helps explain the problem with food waste because it reads that food manufacturers thought that their consumers would stop buying from them if they started using surplus foods and ingredients in their products. This isn’t true as more and more food consumers have come out and said they want to support food products that help the environment and help make the world a healthier place. I think a lot more people should start buying some of the food and ingredients they need from companies that use surplus foods in their products since it can help the environment and it tastes just like any other product. This explains the problem with food waste and why more people should start considering eating products made using surplus food to protect the environment.

By: Angelina Lanzarone