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March 28

School 16

7-2

## Earth Day Essay

### **What is Earth Day?**

Earth day is an annual celebration that honors the achievements of the environmental movement and raises awareness of the need to protect Earth's natural resources for future generations. It is celebrated on April 22 in the United States. Now earth day is an especially important celebration because it honors the significance of our home. It allows us to celebrate and show support for environmental protection. It is important we care and show support for our mother planet because if we do not it could have an impact on all our daily lives.

### **The First Ever Earth Day:**

The first ever earth day was held in 1990 by a Harvard graduate student Denis Hayes. More than 200 million people observed it from over 140 different countries! Ever since then Earth Day has been celebrated. Earth day activities include raising awareness of environmental concerns, planting trees, recycling etc.

### **Ways to celebrate Earth Day!:**

Now many of us might be a little lazy and too tired to get up and celebrate. That's why I'm here telling you that it doesn't take a lot to show Earth Day spirit. Some ways to celebrate Earth Day are to:

- Walk or ride your bike instead of using a car.
- Plant a tree
- Pick up trash or litter in your community
- Make a bird feeder
- Carry reusable bags instead of plastic bags
- Use a reusable water bottle

And so on. As you can see there are SO many ways to celebrate Earth Day and they don't even require much effort at all.

## **Ways to make EVERYDAY Earth Day! :**

Now as I have discussed, it is crucial that we give our utmost to the Earth. After all we only have one Earth so it's better to be safe than sorry. That's why it's important to not just care for our Earth for just one day, we should care for it EVERYDAY! Now some ways we can do this are to:

**Reduce Driving:** If you can, try riding your bike occasionally. **Lights Off:** Whenever you leave the house, try to remember to turn the lights off. **Reusable Water Bottles:** opt to skip plastic water bottles and fill up from home. You can find refillable stations anywhere and you're not harming the earth. **Say no to Plastic Bags:** Whether you're using a fashionable tote or a run of the mill bag, there's always a way to opt out of plastic bags. Remember if you don't have any cloth bags you can always use paper bags!

## **Earth Day and you:**

Now it's very funny how small actions can have big consequences. The smallest amount of support you provide for the Earth can have the biggest impact. Now many organizations are working around the clock to demonstrate support for the Earth. Now of course you don't have to do that much but even the smallest amount of effort would be astronomical to the ecosystem. Things such as recycling plastic, reusing your water bottles, reducing the amount of chemicals you unleash in the air such as not driving your car, can all have a much bigger impact than you think. So, if you show the smallest amount of effort, it would be very helpful.