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It's important to think about things that we are thankful for. We need to know what we already have, so we can move forwards towards the things we want to achieve. Everyone has things to be thankful for. I'm thankful for the healthcare and other frontline workers who are working tirelessly to keep us safe during this unprecedented time, I'm thankful for my family who provide love and support, I'm thankful for the teachers and school staff, who make sure that our education continues, even in these uncertain times. There are so many things to be thankful for, all around you there are things to be thankful for. Especially during these hard times, we need to know there are good things to be thankful for, and that we will get through this.