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Through covid, I have found what I'm truly thankful for. Some people may blame quarantine for separating them from the world (which is true) but I find part of myself being thankful for it. I grew as a person and got to spend time with my family and close friends. I realized how important they are to me and that I couldn't be who I am without the people who love me. I'm thankful for many things, but nothing tops self love, and the love I receive from others.