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27 October 2021

The Power of Gratitude

Gratitude is the driving force for happiness and peace in one's life. Expressing gratitude is a choice we must make each day in order to feel a sense of fulfillment and contentedness with the lives we are living. Throughout the chaos and conflict of our world, one thing has remained constant and sure in my life, and that is the comfort of my family and friends. Life is constantly changing, and as human beings we are always evolving. However, the knowledge that I will always have people by my side rooting for me is what keeps me afloat. This is my last year at home, as I will venture on to college next year. Therefore, I am specifically grateful this year for the relationships I have developed throughout the years. I cherish every moment, every exchange of words, and every laugh shared between me and my loved ones. These memories are what will get me through the lonely moments I may experience next year, and in the future. No matter where I go or what I do, my family and friends will always be a call or drive away, and I am forever grateful for that.