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What am I thankful for? A question I get asked every year. Every year, I answer the same thing. A basic answer, I say family or friends. While I am still extremely grateful for these things, what I am thankful for can not just be answered in one sentence. My whole life I have taken many things for granted, including my house, my health, my family. It was not until I saw what others are missing in life, that I realised how thankful I should be. Recently I have been volunteering at East Islip, Just for Kicks, which is a program that helps kids with autism play soccer. These kids, unfortunately, do not live an easy nor "normal" childhood. This program helps these kids, and shows their parents, that they can have a "normal" childhood, and participate in fun activities, such as soccer. I am grateful that these children can have at least one day a week to enjoy activities they normally can not. I am grateful that this program helps kids participate in sports that they can not play in school or in outside clubs. I am grateful that the parents get to watch their children participate in sports. Many people take these fun activities, such as sports, for granted. That is why I am extremely grateful I am able to participate in these activities, and do simple life tasks that children with autism will never be able to do.