

Keira Henry

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## **The Qualities for Thankfulness**

There are many things that I am thankful for in my life. I am so lucky to have my family, friends, and my school. To be thankful for all of these things I'm blessed with, I need to have certain qualities. These qualities include kindness, selflessness, and love. Without these qualities, people wouldn't have gratitude for all the things they have and all the things people do for them. I am very grateful to have the qualities of love, kindness, and selflessness to show others how thankful I am.

Love is a very important quality to be grateful for in each of our lives. It is a deep and tender feeling towards a person or thing. Love helps us to be thankful because it gives us a reason to be thankful. If we didn't have the quality of love, then there would be nothing for us to be grateful for in our lives. I care about my family and love them which helps me to be thankful for them. This is how love is an important quality to have in our lives.

Kindness is a needed quality to have in our family and friends. Kindness is the quality of being friendly, generous, and considerate. If you are mean, then you wouldn't be thankful. You would probably be hurting people more than thanking them. Kindness is a good way to express gratitude. If you want to thank someone, just be kind to them. A little kindness goes a long way. This is how kindness is an important quality to be thankful for during this season.

Selflessness is a necessary quality to be thankful. Selflessness means to be concerned more with the needs and wishes of others than with one's own. To be thankful, you need to care about others feelings. Instead of caring about only yourself, you need to think about all that you have

been blessed with in your family. My family is the best and I'm so thankful for them. Instead of taking things for granted, I thank others when they do something for me. This is how selflessness is an important quality to be thankful.

There are many qualities needed to be thankful. The three that really stuck out to me are love, kindness, and selflessness. They help you to show gratitude for all of your blessings. Love gives you a reason to be thankful, kindness helps people to express gratitude, and selflessness helps you to care for others and not just care for yourself. These are three of the many qualities you need to be thankful.