

What Quality Do You Have That You Are Most Thankful For?

Resilience, many regard as a blessing, but it can also be a curse.

Why can't the human mind stay down, why must we fight?

Why do we get back up even if it hurts?

When it comes down to being resilient, no one can outdo me.

This year forced me to be resilient. I lost basically everyone in my life.

And I almost lost my will to fight, since nothing seems to go right in my life.

But I got back up, even though all I wanted to do was lie down and cry.

Nobody talks about how hard it is to fight through the pain.

How hard it is to get back up; they just talk about how good of a quality having grit is.

But why do we need resilience, why should we fight through the pain?

Honestly... I don't know if there is always a pot of gold at the end of the rainbow.

But I do know if you give up, you will never know the opportunities you will miss.

And I think that pain is worth it if there is a possibility for you to succeed in the end.

And regardless of what we go through, there is always a part of us that doesn't want to give up.

So why don't we listen? Why don't we stand up and fight even if it kills us?

That might be a dumb way of thinking, but so is slipping into comfort because you fear the pain.

Resilience feels like a curse because it hurts to keep fighting when you can't see the results.

But it feels like a blessing when you never give up and you are rewarded for your efforts.

The answer might seem simple, but it's quite difficult, and I don't know which one it is the most.

So is Resilience a blessing or curse? ...Well, honestly, it's a little bit of both.

-By Chantel Lewis