Qualities I Am Thankful For

The qualities that I have that I am thankful for this year are my empathy, humor, and athleticism. Empathy is the ability to not only understand someone's feelings but also sharing the feelings of others. Every day with my classmates, teammates and in my community, I am willing to listen to anyone who needs to talk. I try and share kind words to make someone who isn't happy feel better. I also share with them my experiences that might have made me feel a similar way and why I would understand what they might be going through. I know I feel better when someone listens to me whenever I need it.

Why did an old man fall in a well? Because he couldn't see that well! HAHAHAHAHA. My humor allows me to keep my friends in a good mood and enjoy their life to the fullest. It also makes my life better. Laughter is so powerful whenever I am in a strange or bad mood. It always helps me to feel better and change how I am feeling. So, I love that I can have the ability to cheer someone up or help someone laugh and feel better. It feels great to laugh so hard your belly starts to hurt.

Whatever the sport, I love to watch it and or to play it. I am thankful for the ability that I have, to play well in almost any sport. It is a privilege to be able to be an asset to both the tackle football team I am a member of as well as the basketball team for my parish. Having a bit of natural ability allows me to learn skills quicker but it also lets me help other whenever they need it. If I understand what the play is I help my classmate or teammate to understand what we are trying to do. I love to help someone when something might not come easy to them. When they finally get the skill, they are working so hard for it is a great feeling to see the joy they have. I have that same happiness when I acquire or master a skill. It is amazing to help someone else feel that pride.

Thanksgiving is a time to not only be thankful for all the wonderful people in my life but also to reflect on all the gifts I have been given. I am lucky to have a lot of things to be thankful for this year and to help others realize how amazing they are and what they can be thankful for too. Thank you, Senator Lanza, for helping me to identify a few things I can be thankful for this holiday season.

