Christopher De Pascale Our Lady Star of the Sea Class 5-1

The quality I am most thankful for is being a good listener. One of my best qualities is one I came to learn just this year. This year I was chosen to be on a very good football team, I was drafted in the second round. Although I have been playing football since I am five this year felt different.

Not only did I become a better athlete, but I also became a better team player. My mom always told me half of being a good athlete was listening. That's why I chose being a good listener as my best quality.

While doing my summer training, preparing for my first season on SIBFL The Ducks, I knew I had to take everything my coaches said very seriously. At times I felt like I might not have been the best, but I knew exactly what I was being asked to do, because I listened. When they asked us to review the plays, I made sure I went home every night and did that. When I go back to practice, I made sure to use that information and listen to the critiques by the coaches and apply myself even harder. One time it finally came together and I gave my best hit. Coach finally saw that I was listening and paying attention. I became a starter on both offense and defense, playing games being one of the youngest on the team.

This year has been my biggest and best year yet because even though I was unsure of myself, I made sure I listened. I took everything my coaches had said and applied myself to the best of my ability. I listened to my teammates, to my parents, and most of all to my gut.