

Salvatore Guerrera

I am thankful for my health, athletic ability, shelter, food and water. I am thankful for my health because when I was 7 years old I got very sick. I was in the hospital in the ICU and was very scared. Luckily the doctors were able to find out what was wrong with me. I was diagnosed with Type 1 diabetes. I know what it feels like to not be healthy. Even though diabetes is a serious lifelong disease I know I can live a healthy life if I take care of myself.

I am thankful to be athletic. I am only 10 years old and I made Mid - Island All -Stars twice already. I also won a few baseball championships. In tackle football I helped my team win the Central New Jersey Pop Warner Championship last year. This past weekend in my basketball game I hit a game winning shot from half court.

I am thankful for food, shelter and water .Every day I come home from school to a home cooked meal and eat with my family. I have food in my pantry and clean water to drink from in my faucet. These are all the things that I am thankful for everyday.