

Thankfulness

Everybody on Earth has their own qualities. Different people have different personalities, and people all strive to be their own person and their best selves. I can definitely say that I would also like to be the best I can be, and I want to be the best for everyone around me. Over my 11 years of life, I have developed as a person, and I have changed over time. This writing piece is about my qualities, who I am, and how I want to be the absolute best that I can be.

One quality of mine is my ability to listen. I understand what it feels like to be ignored, tossed around, and disregarded. This feeling is one that takes the life out of me, and when done bad enough, it can make you absolutely miserable. This feeling is what drives me to not do this to anyone else, and I want all to feel welcome and comfortable around me. I train myself to listen and take what others say to mind because I want them to feel that they can trust me, and that they can tell me things that are hard to tell others. Therefore, I am proud of my quality of listening.

Additionally, I take pride in my integrity. I think of myself as someone with good morals, and someone that is open and honest with those I can trust. Integrity is a quality that I wish everybody had and felt, and something that I still work on. When everybody has integrity, people realize that they should care for other people, and that lying is a dangerous weapon when used in a certain way. Once again, I understand what being lied to feels like, and I wouldn't wish the feeling of someone breaking your trust on anybody, which is why I try to have integrity.

The third quality I am thankful for is my honesty. This particular quality is probably the one that is closest to my heart because I am lied to every day. This year, in particular, I am lied to purposefully and people lied to me just to see how bad it makes me feel. One time, one of my closest friends decided to tell everybody else that I was rude and toxic to that person which was not true, and this caused people to avoid me for some time, which hurt me. I never want that for anybody, and even before that, I tried to be as honest as possible to everybody. Therefore, I believe that honesty is the most important of all qualities.

The last quality I am thankful for is my self-awareness. To me, self-awareness is how much I understand what a word can do to someone. "Sticks and stones may break my bones but words will never hurt me." This is a well known quote and it is true.... To a certain extent. Yes, words will never do the same physical damage that a stick or stone could do, but words are important, and it is important to know how and when to use them. Sometimes, mental pain can be even worse than physical pain, and it can hurt way more. Spanning from ending friendships to a simple insult, words have a lot of power

especially over the people that allow it to. Sadly, it's not always as simple as that. I've had experiences where someone keeps talking and talking about negative things just so they can get to my head, and it works sometimes. As hard as you can try, words do hurt and you can't change that. What you can change is what you do and say. This is why I try to be self aware, and why I try to understand that what I say to others can and will affect them.

To sum up this piece, I would like to stress the fact that the most important thing you can do is control yourself, and it is important that you know who you are and what you have power over. Even though you can't always control all aspects of your life and the situations around you, you can control what you do to help it. So, I am thankful for all of the qualities I have and have learned, and I am proud of who I am.