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Thankfulness

There are many qualities that people have, the qualities I have and I am thankful for is wholeheartedness because I am super kind to everyone and I am courageous like that one time when I was 11 I was really kind to an elderly man I helped him pick up his cane. Also when I am on the bus I give my seat to an elder. I am super courageous. I am not scared to stand up for myself. I stand up for other people as well. I love helping other people because that is what makes me kind and courageous.

There are many qualities I have and one of them is honesty. I am super honest because when my mom asks who broke this jar and there is no point in lying so I said to myself and also there is no point in lying if you lie you might get worse consequences. Also when I was 11 someone stole something from me and they were not honest but I knew it was her and she lied to the dean and guess what she got suspended so always be honest what is in the dark always comes to light.

There are many qualities I have and one of them is Integrity. I have amazing morals because I respect other religions, people like my friend said she was muslim and I definitely respect that . I am super honest because I always tell the truth. There is no point of lying because if you lie more you can get in more trouble. We got to this conclusion because I invited her to my house when she got here we ate pizza and ice cream we finished and went to my room and started to talk about are lifes and we got to the conclusion when we asked each other question like I asked her what religion was she and she told me muslim and I was cool.

There are many qualities that I have and one of them is courage. I have courage because I am super strong, not physically but also mentally. Like that one day I was feeling sad and depressed but you know what I had a strong

feeling in my mind that little feeling made me feel better. Also when I was 11 I lifted up a table. "Sooo cool". I helped people with therapy. I told them do not let your mind fool you, you are physically and mentally strong do not ever let anyone hurt you and make fun of you because you are super duper luper strong everyone loves you you are strong.

There are many qualities that I have and one of them is self-awareness. I am self-aware because I think before acting. Like that one time I wanted to fight my cousin but I thought if I do this I will have to face consequences and I do not want to face consequences. Always think before you act or do something.