There are many qualities that people have, the qualities that I am thankful for are that I am very open minded because I can share ideas and new information. I listen to other people's point of view . I'm also very loyal because I support someone or something and what they believe in . I'm also very compassionate because I care for others. I like to help others and show a lot of kindness to them. I apologize if I hurt their feelings and forgive them for their mistakes . I'm confident in the choices I make and sure of my abilities not in an arrogant way but in a secure way. I always try to protect my energy. I'm Gerenours because I am willing to give something to someone in need and Donate clothes or shoes that don't fit me or something I don't like. I always try to donate. I'm honest, I never steal or cheat. I'm also easily trusted. I'm kind, I am friendly, I'm helpful to others and don't give an attitude. I think about others' feelings and agreeable. I'm very optimistic because I show hope for my future and feel that I can succeed in anything in particular. I'm very patient. I can wait for a long time for something and not be annoyed and remain calm and I'm not difficult to deal with. I am respectful because I keep peoples promises and I offer respect. I respect myself and others. I speak respectfully and behave respectfully im gratitude because I have a strong feeling of appreciation to someone or something and what the person did to help me. I am creative because I have many ideas and it is entertaining. I am Humble because I don't believe I am better than people. I am adventurous because I'm willing to try new things and exciting things. Im trustworthy because I am responsible and dependable. I can keep people's secrets. I am caring because I'm sympathetic or showing concern for or kindness to others. I'm also very forgiving. I am willing to forgive anyone and allows me to apologize for the mistake I made .I have discipline because I'm able to control the way I live or behave and I am able to achieve my goals if I try hard. I am reliable because if I say I will do something I will actually do it. I am ambitious because I have a strong desire for success. I am intelligent because I have a good understanding and I like to try other things. I am friendly because I benefit my friends and I show a lot of friendship. I am humility because I don't believe in what other people say . I am cheerful because I am spirited and happy and I am full of cheer and I am also very positive. I am Determined because I want to do things and I won't allow anyone to stop me from doing them. I am brave because I am willing to do things that I don't fear . I am cooperative because I want to focus on what it takes to work well with other people.