

Thankfulness

There are many qualities that I would like to share with you but there are some qualities that make me unique and stand out and make me feel strong and make me feel like I belong here in this world. It makes me feel good knowing that I have this in me and I am proud of myself. This also helps me stand out for who I am. These qualities stand out to me are integrity, honesty, courage, self-awareness, and wholeheartedness. If you have these traits you should feel proud. No matter what everyone is special in a different way than everybody else. That is just the way the world is.

Honesty

One time when I did something wrong I tried avoiding it but my mom found out. I told her the truth. I feel like it was the right thing to do and it was. It was my mom's true words: honesty is the best policy. Another time when my brother did something I told my mom the truth and she was proud of me and she let me play on my phone. Another time is, when my mom asked me about my test score I was afraid to show her and I did anyway and she was happy that I showed her so that I can fix my mistakes. Another time, is when I said that I cursed at my friend by accident and told my mom. Finally, when I did the wrong thing and said I was sorry and told my parents about what I did I was being honest so that is what matters most right now.

Integrity, Self-awareness

One time when it was just my mom at the grocery store she could not carry all the bags with her so I offered her my help and she felt happier she was happy I helped her. Another time was when I saw a lonely kid at a table

alone and I decided to sit next to him and that really made his day. He even smiled. Another time was when I kept my brother busy so my mom could work. It made her happier and he was happy as well. Also, another time is when I decided to leave my house without permission from my mom. It freaked her out completely. Another time is when I showed a good example to my brother and it made my mom happy because I am doing the right thing like doing homework, washing your hands, eating in good manners, doing good in school, studying, and being respectful to people and other people's property. Finally, I taught my brother a good lesson on why not to do bad things to others.

Courage

One time at the store since my brother is so shy I had the courage to ask the lady where something was and it made it easier for him and he has to face his anxiety problems. Another time was when I faced my fear of heights, and wild animals, and insects(cockroaches). Another time is when I took the blame for something that I didn't do. Another time was when I went to the store at night when it was dangerous outside. It was courageous of me what I did. It was a good deed that I did out there for my mom. Another time, is when I stepped up to take the lead because nobody wanted to take the lead. Another time is when I had the courage to play a soccer match against 6 foot people that were stronger than me and I did it, it was an accomplishment for me and everyone. Finally, another time I had courage in myself was to motivate myself while I was running 3 miles before practice. It took a lot of courage and motivation for me to get there.

Wholeheartedness

One time when I was determined to finish my essay I did it and I was proud of myself and I was happy. Another time was when I was desperate to win

a soccer game and we did because we all wanted to win so we made it happen. Finally, when I was so desperate I begged my parents for a phone and I got it.