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## Thankfulness

There are many qualities that everyone around the world have, the qualities that I am most thankful for are wholeheartedness, honesty, courage, self-awareness, and integrity. The reason why I think I have these qualities or traits is because one time my father was having a hard day and I cheered him up by playing with him, we played laser tag in the house and nerf wars with my family.

Another example why I am one of the 5 good qualities is because I am always honest to my friends and family. There was a time when my grandpa had lost 100 dollars in his garden, a few minutes later I found it. Instead of keeping it for myself I handed it back to my grandpa. I have courage because I always love to be able to try new things such as food, sports, and etc. One time I had courage was when one of my peers wanted to go on a ride that was really scary and I didn't like it, not one bit, but I still went in it and I had courage because no one else wanted to do the ride.

I have integrity because usually when I see a homeless person near a food store or a deli I walk inside the deli and I get him warm food and a drink and they love it. I also show integrity by being honest, having good morals, and good intentions. I show self-awareness by making a big impact on my actions and what I do to put good in the world. I put good in the world by helping others. I help others by making them feel better by making jokes and helping them laugh when they are having a bad day.

People all around the world should have these skills or abilities because everyone could help the people that aren't as lucky as us to have a home, running water, and a shower at night time, but people are also selfish and they are dishonest and they rob other people's goods so they can have money and have riches. If everyone learns from these few words and actually puts it out into the world then it would be a better place. This is why people should help each other.

One time my friend was getting bullied at my school by my other friend. I was able to sort the problem out and they are still friends too to this day. This shows how a little bit of help can help others make a difference. This also shows that a little bit of help can make a big difference to everyone. The reason I add this in is because it shows the braveness someone needs in order to change something going on in one another. These words mean a lot to me and other

people because it shows how people can make a big impact amongst each other. This concludes my essay about thankfulness.