

Thankfulness

There are many qualities that people have, the qualities that I have and am thankful for are honesty,integrity,courage,self awareness and wholeheartedness.

I am thankful I have honesty because if someone asks me something I don't lie and I tell them truthfully and if I don't I feel guilty so I go back and tell them the truth. One time I had to tell the truth was when my friends did something bad and blamed it on me so I had to tell the truth. And one time I did something bad and I just told the truth because if you did something it's better to tell the truth then lie because someone will be more mad if you lie then if you tell the truth even if it's bad. One situation that I had to confront someone is when someone lied to me and my friends and I had to confront them, they denied it but I knew it was a lie.

I am also thankful for integrity because I don't lie and if someone asks me about something I won't lie I will tell them the truth . Like if a classmate wants to know if anyone took something from the student I will tell them. I also will be truthful if someone asks me a simple question like 'what's your favorite color' and I say this because some people lie to fit in.

I am very thankful for being courageous because it helps me a lot. When you are courageous you are not scared of what some other people are scared of like public speaking. I am not afraid of public speaking. One time I spoke in front of my class for 20 minutes and they did not mind. Or I always want to do scary things some people would be scared to do like go on a crazy rollercoaster like one time I went to six flags and I wanted to go on one of the biggest rollercoasters but my friend was to scared . And if I need to talk to someone about something I am not scared to say it but sometimes I can't because it is not appropriate.

I am thankful for self awareness because if i do something i am Aware of it and I always am aware of my actions and what I'm saying because some people don't know or don't understand what they're saying and they could say something really bad that leads to fighting and trouble. When you are self aware you are aware of your actions, your thoughts and your emotions so if you get really mad at someone you don't do anything to harm them ,You also have the ability to

focus on yourself and take care of yourself so you could help yourself. You also know if your actions, thoughts or emotions Don't align with your standards.

I'm thankful to have home not hardness because no matter how anybody looks or how anybody appears I could still be their friend or talk to them it doesn't matter to me because I'm wholehearted. I try my best to be kind to everyone But sometimes of course I make mistakes. For example if someone asks me for a pen or a pencil I will give it to them or if they ask for a favor i will help them and i wont lie about it. But sometimes I just can't like it if someone asks me to buy them something but i dont have money. One time someone was wholehearted to me was when I was at the store and I didn't have enough money. They paid the rest for the rest.

Some people have one or none of these qualities and this is why I am thankful for all of these qualities because some people don't have them and I should be grateful I have them and you should be grateful even if you only have one.