One quality I have that I am thankful for is kindness. From when I was a little boy, my mom always told me about the importance of being kind to others. Being kind is an important character trait to have because it makes people happy and can put a smile on someone’s face, especially if they are having a bad day. Doing kind deeds also brings me joy and makes me feel good about myself.

There are many times that I have shown kindness to others in school. I am quick to offer help to a friend who is having trouble learning something that is being taught. I have shown kindness and compassion when a friend needed someone to talk to. Even small acts of kindness are meaningful. Holding the door open for a stranger, telling someone thank you and smiling at someone to say hello, show my kindness too. If everyone would exhibit one act of kindness each day, the world would be a better place. Have you done something kind for someone today?