November 2023 Mr. McTigue's Class

Self Love

I love me and there's many things I love about me.

I'm thankful for that.

I'm grateful that I am an artist because I love to draw.

I like playing basketball and I feel like I'm getting better at it

I love making new friends.

I am grateful for being a kind person and for feeling loved.

I'm grateful for my body from head to toe.

And grateful to be here today.

I'm grateful for my music taste and my personality.

And my style of clothing.

I love myself no matter what;

I like that I'm an animal lover.

I like my face and hair.

I am grateful for everything about me.

My intelligence and my creations;

I'm grateful for my creativity and for the color of my eyes.

I'm grateful for my birthmarks and for my nose.

Even my eyebrows and my freckles,

I am different because I am me,

And I am most grateful for that.