Thanksgiving

Thank you for allowing me to be part of such a unique, supportive team. You have given me friends who make life worth living because whenever we win, it's a shared experience, and they congratulate me and make me feel appreciated.

Thank you for humbling me in times of loss and realizing that the effort counts, not so much the place in which you win. Thank you for granting me the gift of wisdom in knowing my sport and allowing me to convey my knowledge to the younger athletes.

I thank you for the water in which we row on. Although dirty, I appreciate having access to a body of water that has stable conditions.

Thank you for granting me the strength of my body so that I can become physically and mentally stronger throughout the season. Help me to perform well and use my talents to the fullest. Be with me when I am in pain or injured, reassuring me that I will recover soon.

Stay by my side when I have to deal with the disappointment of losing, but realize it's all worth it. Grant me the courage to care for my body and know when to take time for myself. I do not seek individual glory or accolades but rather that I play for your credit and the good of my team.

Send me a sense of humor when I am faced with accomplishments so that I can share the glory with my teammates. T

hank you for gifting me such funny teammates who are always by my side through losses and wins. Keep me from being conceited when I succeed and sulky when I fail. And help me always with goodwill to congratulate a team who beat me.