

Sophia Kemp

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### My laughter

Thank you for giving me my light in the darkness; the person who saved me. My best friend who gave me a reason to stay. The uncontrollable giggles that get me through the day or the inspiring words that give me the courage to be entirely myself. She will always be my sun. The radiating beams of positivity shining down to show me that life is so much more than what I see. She has shown me that encouraging someone to be entirely themselves is the loudest way to love them. Thank you for giving me my other half. She is my laughter. The contagious giggles that light up any room we're in. The laughter that holds my breath so much that I can't even remember what was so funny in the first place. The person who I can just look at and know everything they are thinking. The person who can tell by my simple sigh how I'm feeling. She is my hope. The strength to continue to fight when I have absolutely nothing left. The soft smell of orange juice reminding me of cold early mornings getting ready for crew singing "You're Still the One" by Shania Twain. The feeling of cold crisp fall nights full of giggles and deep conversations while staring at the stars. The simple memories that changed me into the person I have become. My best friend has impacted my life so much more than I have let her know. She means more to me than any words could ever explain. So instead, I find her in my laughter. She is in every smile that comes across my face. No matter how far we go in life and whatever paths we may take, I know that a part of her will always be with me. I find it so hard to believe what life was before she came into it. To my forever other half, Grace. Thank you for being more than a best friend but my twin sister.