

Thank you, Running

*I started running
As a hobby just running
On the road for fun*

*You solved my boredom
You cleared my mind
And freed my body
You make me happy*

*Now I run competitively
For a team but it started
As just a thought in my head*

*I can rely on you
To cure my sadness
You give me courage when i feel weak
You are like medicine for me you cure everything*

*I plan on running through high school
And college and wherever it takes me
I dream of big races when everyone is watching
And Giving me the strength to run faster and farther*

*You don't get enough credit
For how good you are
You are my favorite
It will always be that way.*

*Thank you always,
Howie Eriksen*