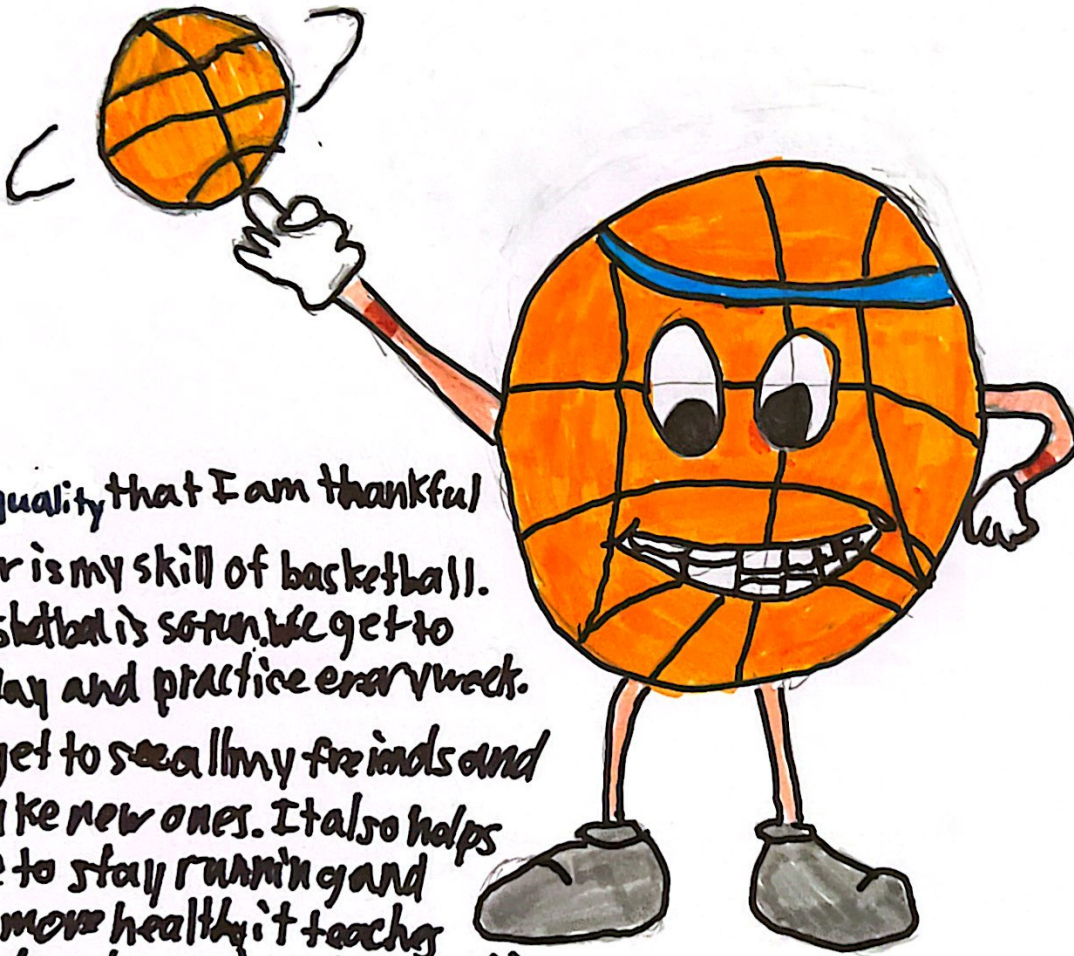


# Basketball

Matthew Abred



A quality that I am thankful for is my skill of basketball. Basketball is so fun. We get to play and practice every week. I get to see all my friends and make new ones. It also helps me to stay running and become healthy. It teaches leadership and determination.