

Name: Danielle Gessel

Grade: Seventh

Valley Central Middle School

What am I grateful for? I'm grateful for everything, life itself. Every single factor of it. I'm grateful for every turn I will ever take, every left and right, every soldier that fought, everything senior to every baby being born, every drop of water from rain to every drop evaporating.

Every single breath I take. I appreciate every bit of it.

It's one of many factors that makes life worth living, it's in everyone caused by everything, even things that are classified negatively. It has many different words; gratitude, thankfulness, gratefulness and many more. Some people only show gratitude for good things like getting a new car and money, yet negative things need to be appreciated too. They should remind you that you are living, you are breathing. So open your heart and mind to appreciate such a wonderful life you have been blessed with. It's really dreadful that an average man would look at a man with fortune and only see things that he has none of. Everybody should learn to appreciate everything they already have and not focus on things they do not have. If everyone would just open their minds and sit and appreciate it, life would change for the better. If we all would start being grateful the greed will stop, we will live easier. We will think easier.

Negative things happen, and that is something to appreciate itself. Bad things always end, and good things take place. If there weren't negative things, positive things wouldn't be here either. It's like salt and pepper, you can't have one without the other. That's just how life is, and life is beautiful even if you don't feel it. Everyday is a day to be grateful about, for it is the greatest gift of all. Nobody really needs more, they should just be thankful for being alive. Having senses, their achievements, what family you were born in, and the potential you were born with are just the start of things you should be grateful for. Everybody has a conscience and that's like receiving a billion pets or a billion friends, and everybody has it. A conscience is so simple yet oh so powerful, grateful or not, life and every aspect of it is something to be grateful for, so open your heart and mind and grasp the feeling of gratitude.