

Qualities I am Thankful For ...

During Thanksgiving, 90% of people say they are grateful for family, 86% say they are grateful for friends, but only around 50% of people express they are thankful for anything all year around. As it is approaching Thanksgiving, it's time for people to think about what they have to be thankful for. You can be thankful for many things, your school, your wealth, your family, your friends, your pets and even your own qualities. There are many qualities that people can be thankful for. Some people are good listeners, loyal, ambitious, hard workers, smart, kind, friendly, helpful, and more.

I am thankful for being ambitious, having perseverance, and being hard-working. I believe that I am an ambitious person. I believe that I am ambitious because I usually set high goals and expectations for myself and spend a while trying to achieve them. For example, at the start of the year I set three goals for myself. One of them was to exercise everyday; another one was to get good grades in school. The last was to learn a second language. So far, I have exercised everyday whether that means going on walks, riding my bike, playing soccer, or just working out. For the second one, I have mostly high-nineties and a few mid-nineties. For the third goal, I have been learning Spanish and can hold a conversation for a while and have also started German recently but I am not good at it yet but I plan to be able to hold a conversation within the next few months. I also believe that I am hard working. I spend a while on practicing instruments and sports. I practice for soccer even when it's not a soccer practice and I am learning, or was learning, 3 instruments. I play Guitar, I am learning Ukulele in school, and I was learning violin in the Paul Efmén program. Thanksgiving is approaching and it is the time to be thankful, whether it's for family, friends, pets or even your own qualities.

It's important to know being thankful doesn't mean saying you are thankful only during Thanksgiving, it means showing how thankful all year around. There are many things to be thankful for all year long like family, friends, teachers, wealth, your school, jobs, opportunities, pets, your house, and of course your own qualities and characteristics. There are also many ways to show you are thankful, whether it means helping the things you're grateful for, helping others who are less fortunate, and even just a simple thank you to the people you are thankful for.