

*Alyssa Delgado
The American Dream School*

*November 18,2015
English*

Dan Buettner once said "Gratitude always comes into play; research shows that people are happier if they are grateful for the positive things in their live rather than worrying about what might be missing". This quote means that when you're thankful you are a happier person that is what thanksgiving is about this holiday is representing our gratitude toward the things ,and people we love. I am thankful for so many things this year but my top three are my family, brother, and pets.

This thanksgiving i'm thankful for my parents

I am thankful for my parents because they support me at the most special moments of my life. My family supports me at the most special moments of my life because during my 5th grade

graduation the teacher had just told me "can you say this speech in front of the school" i was happy and scared ,i was scared because i didn't practice the person that was suppose to say the speech refused to do so i had no other option .When i got on stage i made a complete fool of myself ,i turned red and puffy ,i forgot some of my lines .During that evening i felt so embarrassed but my parents boosted up myself esteem they told me encouraging messages like " you did great" those words that my parents said that night made me feel a lot better .I am thankful for my parents because they bring happiness and joy to my life .My parents bring happiness and joy to my life because they are always making me laugh for example every time i come from school my dad tells me things like "why do bears have hairy coats, fur protection" even

though they are bad dad jokes his effort makes me laugh .I am thankful for my my parents because they make me the person i am today. My mom always tells me to treat people the way you want to be treated so that you can become a good person and make me proud .The things that my mom tells me really make me think about my future .My parents impact my life because they make me the person i am today.

This thanksgiving i am thankful for my brother. I am thankful for my brother because he saved my life when i was 4 .The way that my brother saved my life when i was 4 was that we were going swimming and i didn't know how to swim so he told my parents to buy me a floaty later i went inside this pool everything was fine until this girl stole my floaty away from me , slowly i felt i

was going down , the next thing i remember was the paramedics giving CPR in order for me to wake up .During that experience i didn't know what was happening i was so confused until my parents told me that my brother swam up to me and dragged me to the surface ever since i am very thankful for my brother without his help i wouldn't be here today literally i would be dead. Another reason that i am thankful for my brother is that he helps me when i have a really hard time comprehending a subject everytime i do my homework i sometimes have a difficulty with math so he helps me and shows what not to do and what to do. Lastly i am thankful for my brother because he defends me when i need help for example there was this kid that always kept on asking me for money because i lost his book ,i got really mad and frustrated and my brother noticed that so he talked to the boy the next thing i

know he never asked me for money again. My brother impacts my life because he defends me at the most difficult times of my life.

This thanksgiving i am thankful for my pets .

I am thankful for my pets because they bring happiness and joy to my life . My pets bring happiness to my life because when i was in Ecuador i was sleeping it was so late it was 12:00 pm in the afternoon,i was planning on sleeping the entire day when i felt a slimy though thing touch my face until i opened my eyes and saw my dog ,my dog woke me up because it was my turn that day to take him for a walk .Another reason why i am thankful for my pets is that they are there for you when you are sad .When my grandma died i felt my heart going down i was so sad i cried a lot but even though the hardship i suffered my dog was there for me

and she was great company. My pets impact my life because they're loyal and a girl's best friend.

I am thankful for so many things this year but my top three are my parents ,brother, and pets .

I am thankful for my parents because they change my life completely. I show gratitude towards my brother because he saved my life .I am grateful for my pets because they're loyal. This essay shows my gratitude towards the things and people i love.

Gratitude is the most important feeling you can have.
